



Friendship Ladder



Relationships can be difficult.



Learning who to trust and with how much information can be difficult.



When we trust the wrong people, we can end up hurt.



When we judge people based on what others say, we can sometimes lose out on great friendships.



The Friendship Ladder helps us to understand friendships.



It helps us recognise how much we can trust people based on our relationship with them.



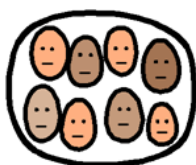
People can move up and down the relationship ladder.



Friendships aren't about being popular and having the most friends.



It is about being able to be yourself with others without worrying about being accepted.



Everyone you meet will not be your friend and friendship is about learning that is okay.



