



Someone doesn't like me.



What do I do when I think someone doesn't like me?



be polite



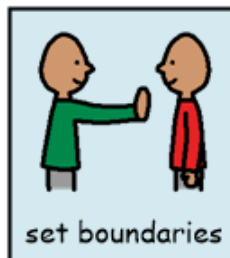
be friendly



be kind



be yourself



set boundaries



Why might someone not like me?



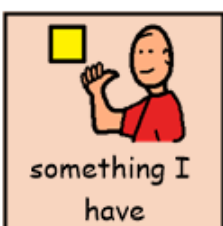
something I
have said



something
someone else
has said



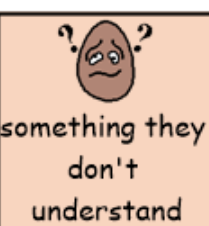
something I
have done



something I
have



something I do



something they
don't
understand



they don't
know me



they are
jealous



they don't like
my friends



different
interests



sensory issues



something else



It is okay not to like everyone we meet.



It is not okay to be mean or nasty or unkind to someone.



If someone is mean or nasty or unkind to me, I can...



walk away



not listen to
them



tell someone



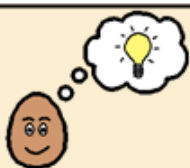
tell them to
'stop!'



go to people
who like me



something else



Sometimes we can think someone doesn't like us,
but we can be wrong.





Someone doesn't like me.



It is okay for people to not like me.



This doesn't mean there is something wrong with me.



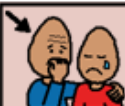
Sometimes when someone doesn't like me, it is an issue they have.



I do not need to change who I am for other people.



I cannot make everyone happy.



I can say sorry when I am in the wrong.



But if someone will only like me if I change who I am, then they do not like me.



This is okay.



We are all different and like different things.



This is the same for how people feel about other people.



Some people will like me right away.



Some people will take time to get to know me before they like me.



Some people will never like me.



This is okay.



I should be me.

