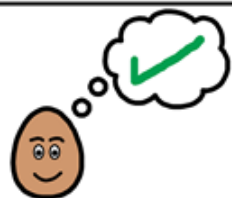




What is a shared experience?



A shared experience is something from your past that you may have in common such as where you are from, where you have been, things you have done or things you still do.



attending the
same school



from the same
place



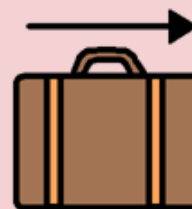
been to the
same concert



similar family
setup



has the same job



visited the same
country



worked in the
same place



seen the same
film



go to the same
shops



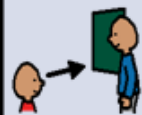
listen to the
same music



attending the
same school



something else



Seeking Attention



Seeking attention is something everyone does. It is part of human nature and allows us to develop connections and relationships with others.



People can seek attention by:



saying someone's name



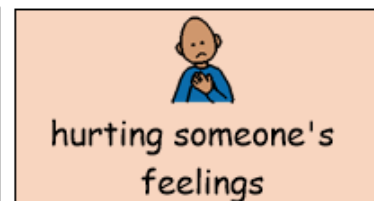
shouting on someone



calling someone



messaging someone



hurting someone's feelings



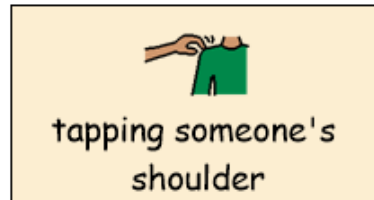
tagging someone in a gif, meme or post



knocking someone's door



putting hand up



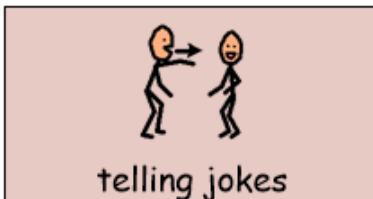
tapping someone's shoulder



saying 'excuse me' to someone



walking towards someone



telling jokes



asking questions



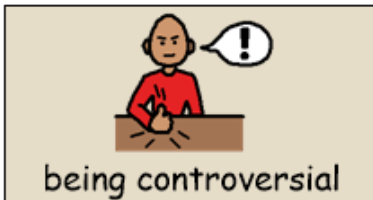
shouting at someone



saying "hello"



starting an argument with someone



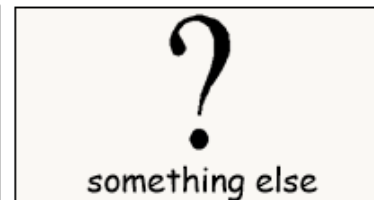
being controversial



being offensive



waving



something else



Seeking attention can be done in a positive way that will allow for positive connections and interactions.



Seeking attention can be done in a negative way that will create negative connections and interactions.