



# Feeling let down by someone.



There are lots of reasons we can be let down by someone else.



When someone shares my information or things I have told them privately.



When someone forgets to do something they said they would do.



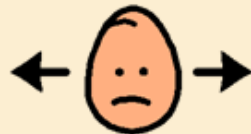
When someone won't do something I thought they would do.



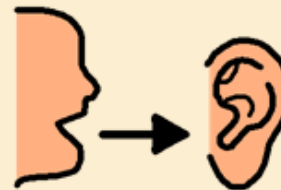
When someone calls me unkind names.



When someone gossips about me.



When I feel someone is against me.



When someone says something I didn't expect them to say.



When someone lies to me or about me.



When someone doesn't see me often.



When someone behaves differently from how I expected them to.



When someone hits me.



something else