

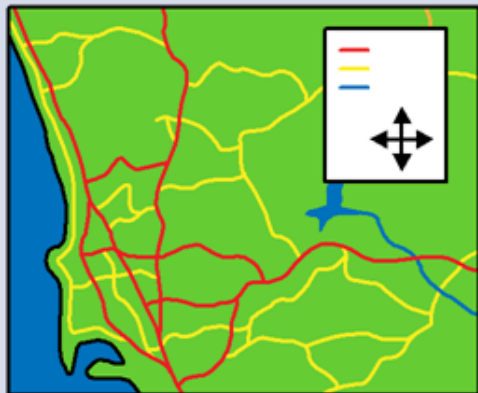
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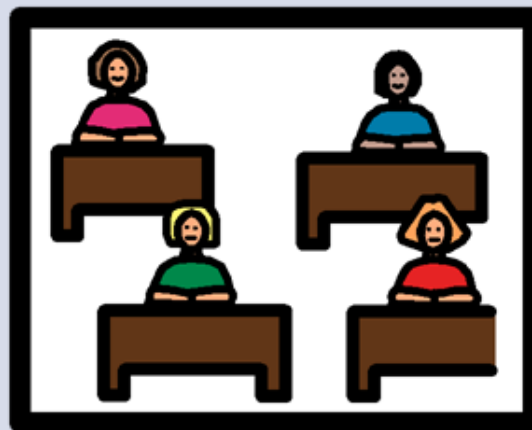




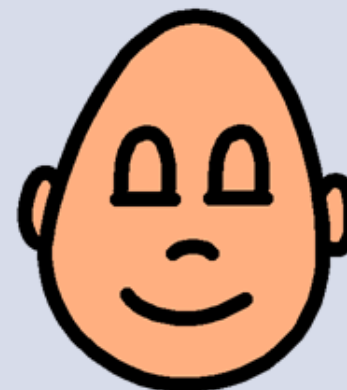
the school building



getting to know my way
around the school



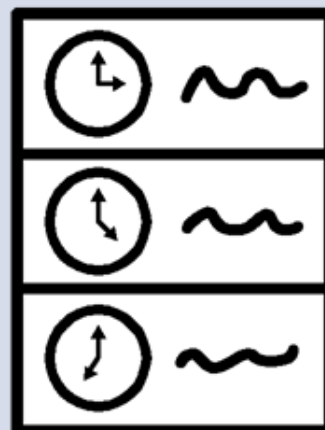
getting to class on time



knowing where my safe
spaces are



knowing where to spend my
breaks and lunches



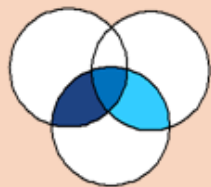
knowing where to go for my
timetabled classes



something else

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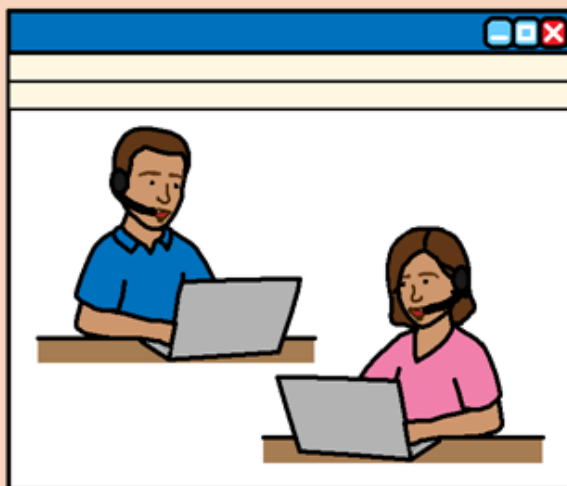




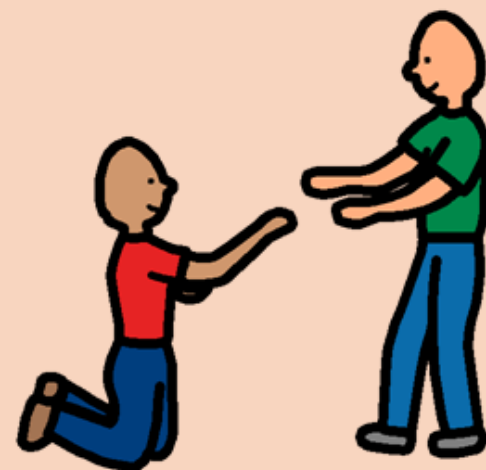
relationship targets



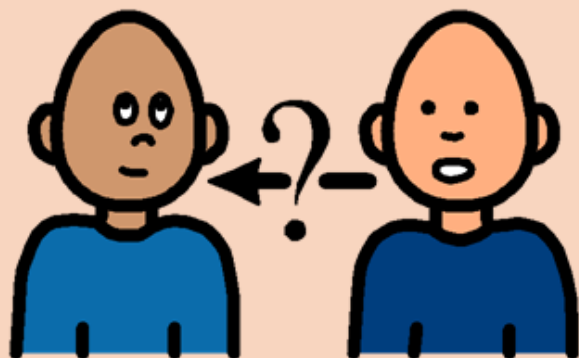
recognising staff roles



online safety



knowing who can help me



asking for help



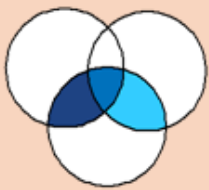
building positive
relationships with staff



managing expectations

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relationship targets



making new friends



maintaining friendships



repairing relationships



knowing the names of my
classmates



knowing staff members



something else

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work targets



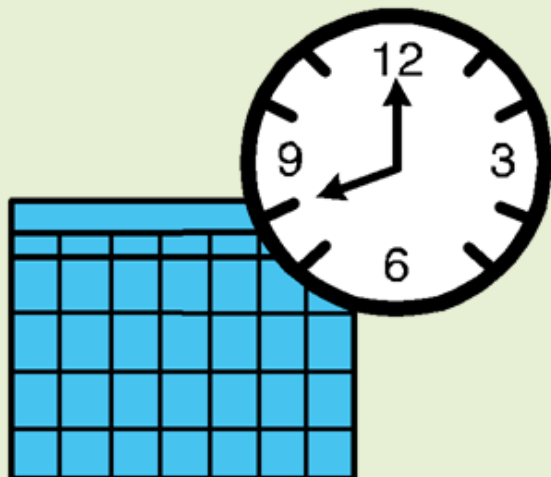
homework



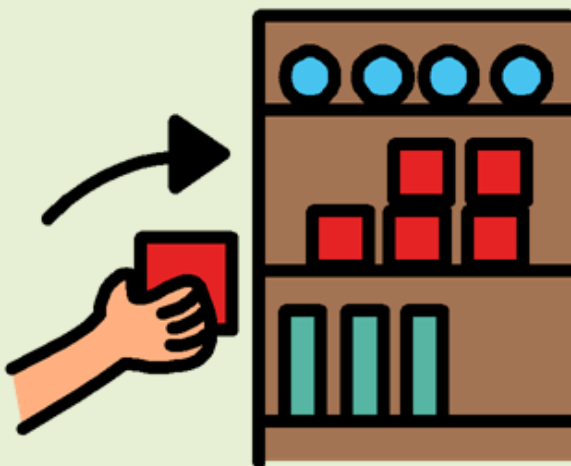
working with others



independent work



time management



organisation



planning ahead

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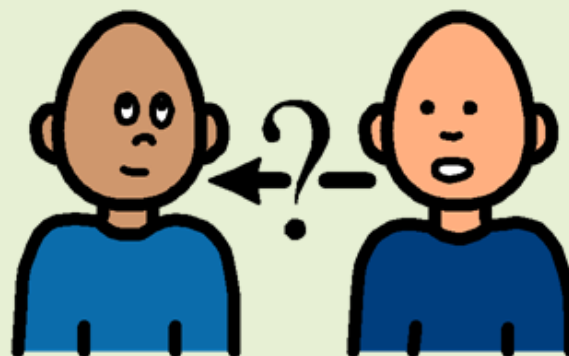




work targets



using support strategies



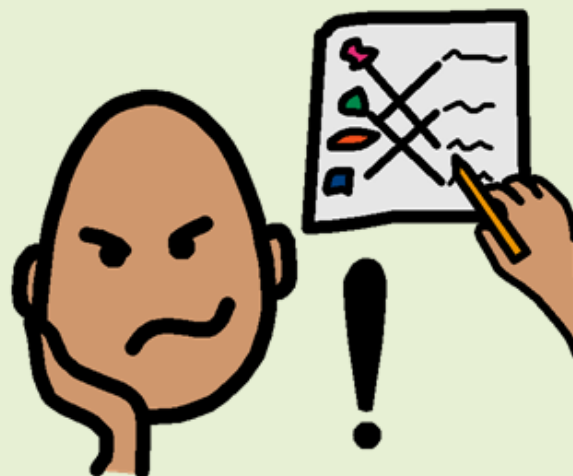
asking for help



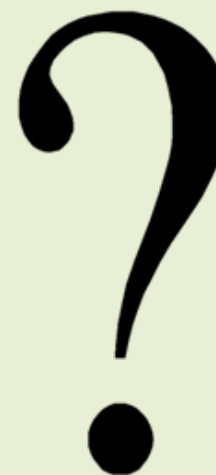
making mistakes



new skills



challenging myself



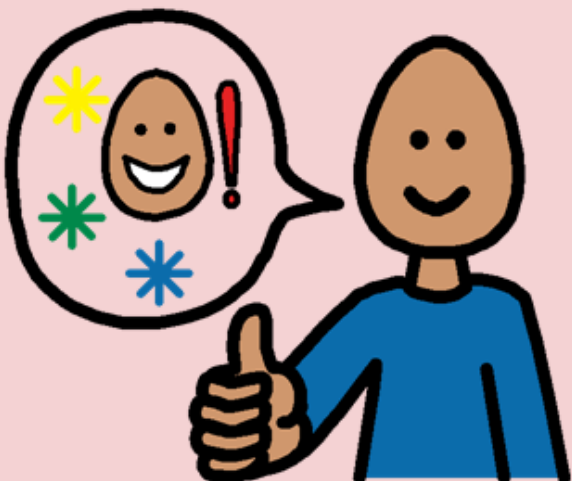
something else

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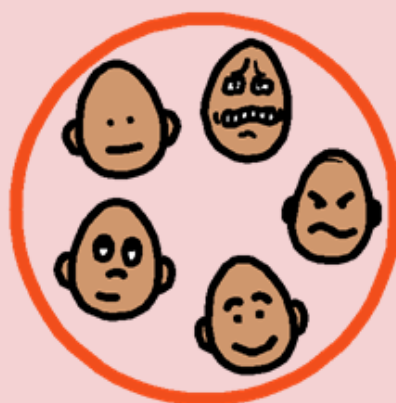




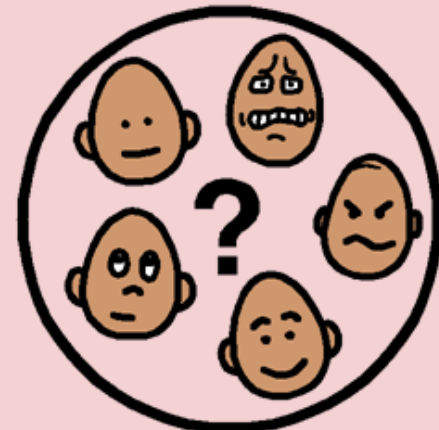
emotion targets



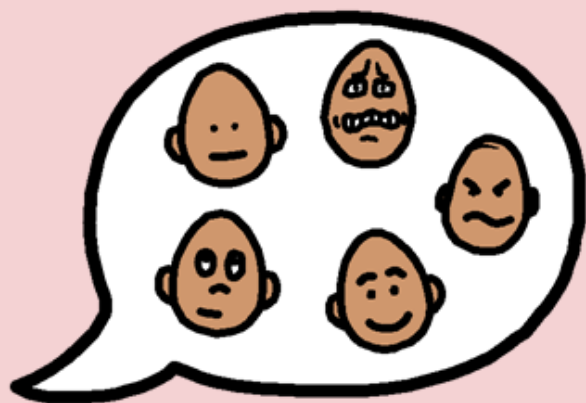
using support strategies



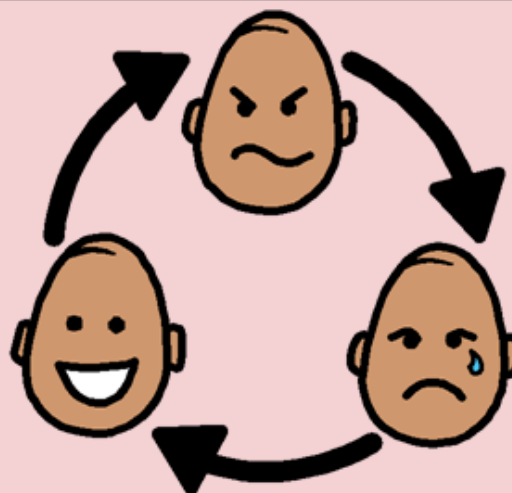
naming emotions



knowing what to do with
different emotions



talking about emotions



recognising emotions



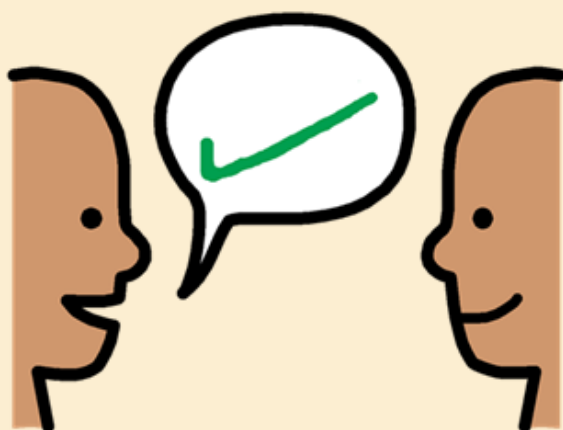
something else

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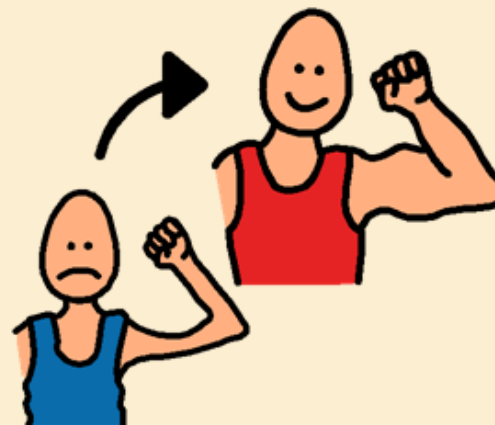




self esteem and confidence targets



positive self talk



acknowledging strengths
and weaknesses



trying new tasks



taking time to relax



developing and using support
effective strategies



something else

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