



You could extend the stories using puppets. You could also see if the person will pat the story back to you. Face the person you are telling the story to. Use both your hands on each side of the body to pat out the story. Pat firmly but not too hard.

# Patting Stories



We have taken these stories from Flo Longhorn's book 'The Sensology Workout-Waking up the Senses. Flo Longhorn has kindly made her books free to download.



Stimulates both sides of the body and brain.  
Links the trunk of the body to the head.



# The cat and the bird



action

## Story



bird

Once upon a time a bird flew. 'Flip, flap, flip, flap'

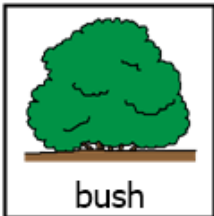
Fingers pat up and down both arms.



cat

Suddenly a big cat came running. 'Thump, thump, thump'

Fists thump up and down the arms.



bush

and chased the bird into a bush.

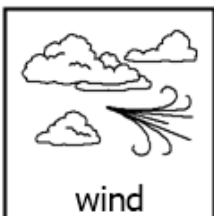
Patting fingers up the arms to the head.



storm

A storm swept the bush to and fro.

Pat all over the head.



wind

The wind blew. 'Puff, puff, puff'

Pat face and cheeks and blow. [A hand fan could be used].



The rain fell. 'Tinkle, tinkle, tinkle'.

Pitter-patter raindrops on head.



The bird flew to find safety in the bushes on one side.

Strum fingers on one side of the



And then on the other side.

Strum fingers on the other side.



The cat followed into the bushes chasing the bird.

Thump, thump all over the hair.



When suddenly!

Stop and hold up your arms and hands.



The bird flew down and found safety in a warm heart.  
flutter

Take hands to heart of the listener and  
them together.



ladybird



spider

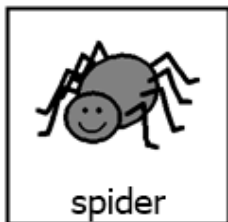
# The ladybird and the spider



ladybird

Once upon a time there was a tiny ladybird.

Fingers pat up and down both arms



spider

Suddenly a large spider came spinning. 'Spin, spin, spin'.

Fists thump up and down the arms.



garden

And chased the tiny ladybird across the garden.

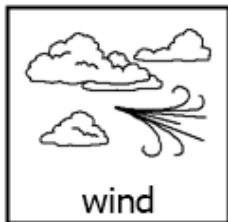
Pat, pat fingers up and down the arms.



storm

Through a storm.

Sweeping arm movements up and down.



wind

The wind blew. 'Puff, puff, puff'.

Pat cheeks and blow. [A hand fan could be used.]



The rain fell. 'Tinkle, tinkle, tinkle'.

Pitter, patter finger tips over head.



The tiny ladybird ran up the hill to hide in a bush.

Pat fingers up the arms and strum on one side of the hair.



And then on the other side of the bush.

Strum fingers on the other side.



The spider followed into the bush.

Thump up the arms and thump, thump all over the hair.



When suddenly.

Stop and hold up arms and hands.



The tiny ladybird spread her wings and flew down to find happiness in a warm heart.

Flutter hands over the heart.