



# Safe hands



People touch lots of things every day.



doors



tables



pens



cutlery



other things



This is one way for germs and bacteria to travel.



Some bacteria is good and helps our bodies fight infection.



Some bacteria can make us sick.



We need to regularly wash hands with soap to get rid of germs.



Sometimes we can't wash our hands.



We can use hand santiser instead.



This helps to keep everyone safe and healthy.

