

## I need to move



Sometimes in class I need to move.



When this happens, I can stand behind my seat.



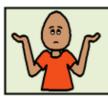
I can stretch in class.



I can walk in class.



I can wiggle in class.



I can ask my teacher, "What can I do?"



I should not leave the class.



I need to stay in class.



This helps the adults to keep me safe.

