

Emotions Scale

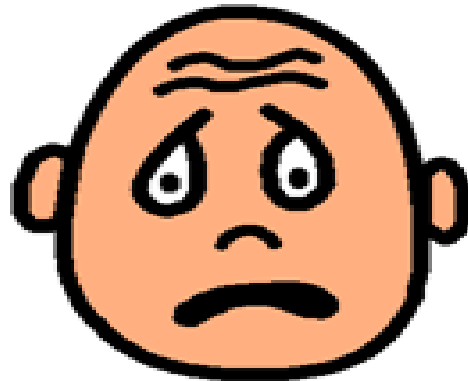
when I feel

it looks like

I can try

5

5



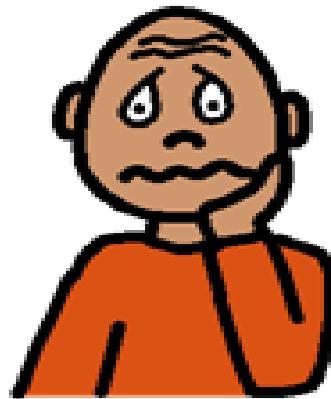
panic



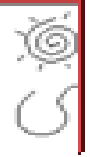
walk outside

4

4



not learning



<p>3</p> <p>5</p>	 <p>too tough</p>	 <p>ask for help</p>
<p>2</p> <p>4</p>	 <p>learning</p>	 <p>continue and enjoy</p>
<p>1</p> <p>4</p>	 <p>OK</p>	 <p>ready to learn</p>

