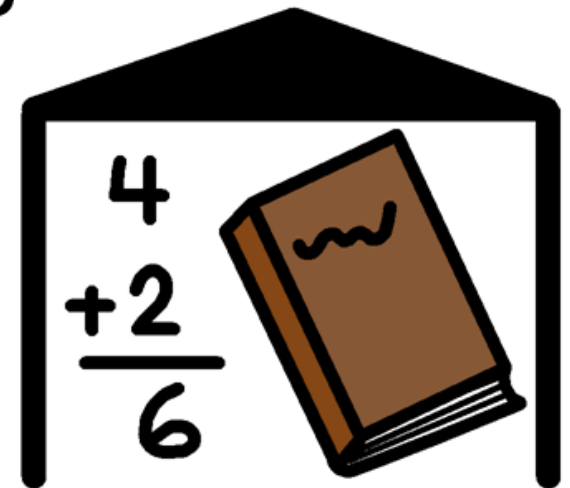
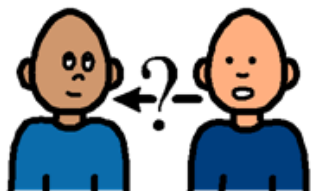
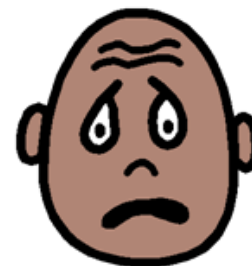


How can I prepare my
child/ren for the
return to school?





There is so much unknown out there that as parents/carers, we don't have all the answers for our children/young people. We have made this booklet to try to look at what we can do.



Some ideas are suggestions to try with your child/young person.

Others are suggestions to try on your own.

Some of these you may already be doing. These are just some of the ideas we have based on questions and feedback we've received.



Use this page to write down what you know and what you don't know. This is something you can do on your own, or with your child/young person.

?



Information I know



Information I don't
know



This could be one you give to your child/young person. They can draw or write their list.

?

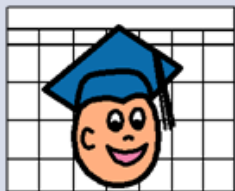


Information I know



Information I don't
know





June Ideas

Here are some suggestions to keep the link with school open and to prepare for the return in August.



make and write a
card to your teacher
from this year



walk the way you
would go to school



get up at the same
time every school day



write a letter to your
class



tell someone about
your favourite thing
that happened at
school



draw a picture of
one of your friends

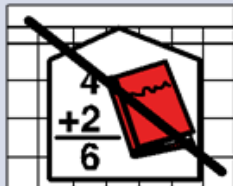


talk on the phone to
someone from school



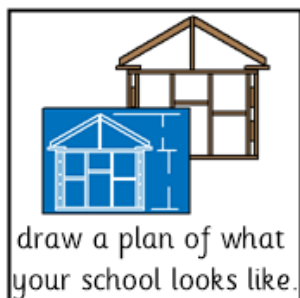
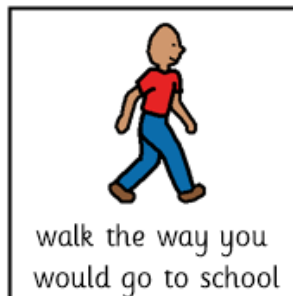
go to bed at the
same time every
school night





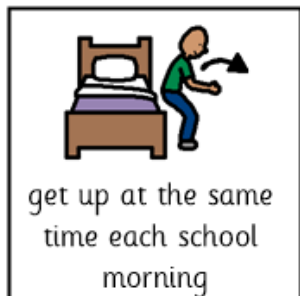
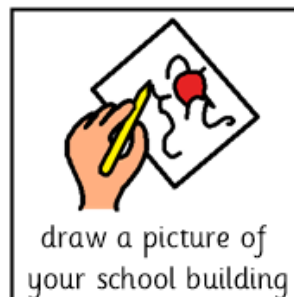
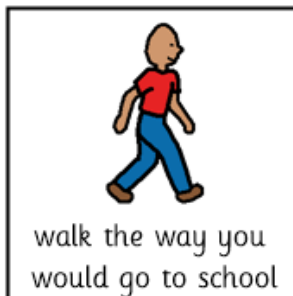
July Ideas

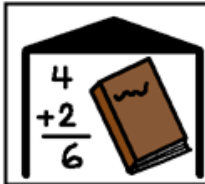
Here are some suggestions to keep the link with school open and to prepare for the return in August.






August Ideas

Here are some suggestions to keep the link with school open and to prepare for the return in August.








Back to School



 My favourite thing about school is....
 



 My favourite thing about lockdown was....



 My favourite thing about summer is....
 


 I am feeling



excited



happy



nervous



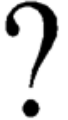
scared




overwhelmed



a bit of everything



something else


 I can write or draw anything else I want to say.

