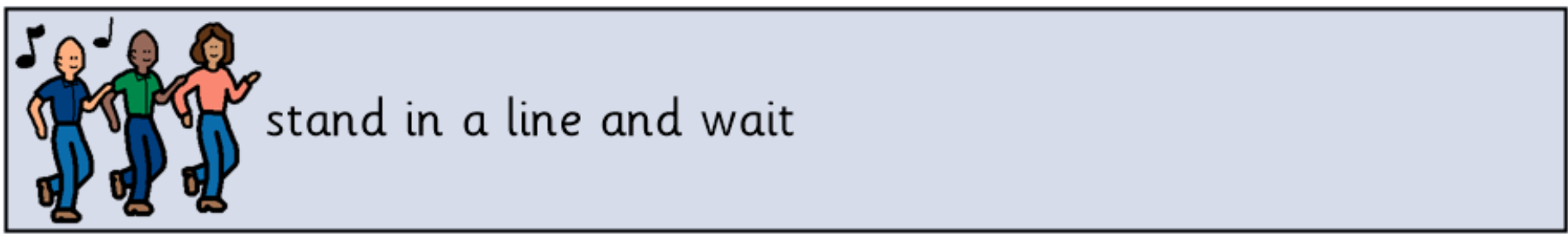
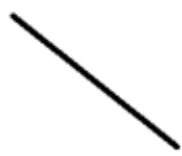




The Time Warp



Move your left leg one move to the left.



Move your right leg diagonally left in front of your left leg.



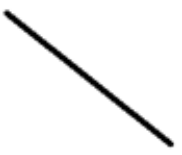
Move your left leg one move to the left.



Jump with your feet together and clap.



Move your right leg one move to the right.



Move your left leg diagonally right behind your right leg.



Move your right leg one move to the right.



Jump with your feet together and clap.



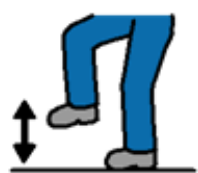
Repeat until Chorus



Jump with your feet together one space to the left.



Move right foot one space to the right then back 4 times.



Step right.



Place hands on hips.



Bend your knees then straighten them. Repeat this 7 times.



Bring hips forward as arms move back..



Draw circles against the side of your head using your index finger



and bend forward at waist.



Repeat from beginning until music gives other instructions.



Continue until music ends or you are too tired!