**B. Managing My Learning**

**Activity 1**

Complete the table below to identify and reflect on those factors and plan actions for each.

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| --- | --- |
| **Recognition/ Reflection** | **Action** |
| What helps my learning? | How can I utilise this? |
| Example: *“Discussing the topic with others”* | * *Set up a study group of like-minded peers* * *Engage with the online community* |
| Quiet space | Make time to go to the library |
| Being organised | Plan what I need to do before starting |
| Breaking sentences down to ‘idiot proof’ words | Ask for support |
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| --- | --- | --- |
| **Recognition/Reflection** | | **Action** |
| What hinders my learning? | How can I address this factor? | |
| Example: *“I’m easily distracted”* | * *Study in a place where distractions are minimal* * *Read lecture notes before the lecture and then take notes lectures to keep me focused* | |
| I am easily distracted | Turn my phone off | |
| Would rather be doing other things | Saying no to people because I have to study | |
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**Activity 2**

* Make a timeline so that you are aware of all the potential busy periods and plan the year to ensure that you allocate sufficient time for each module to include reading time, writing time and any other aspects of the module where you need to allocate time.

**October**

Reading Week: week beginning 14th Oct

Close Analysis Exercise- reading the screen 28th Oct assignment

**November**

Information session on MA2 electives (including IB): Thurs 28th Nov

**December**

Essay reading the screen 2nd Dec assignment

ID11001 submission: Mon 9th Dec

ID10001 submission: Mon 16th Dec

Christmas break: weeks beginning 23rd Dec, 30th Dec and 6th Jan

**After Christmas**

Professional Practice observation day: Tuesday 28th Jan

MA1PPa: 2nd – 13th March (Recall Day: Friday 6th March)

ED12014 submission: Mon 23rd Mar

ED12013 submission: Mon 30th Mar

Spring break: weeks beginning 6th Apr and 13th Apr

MA1PPb: Mon 20th Apr – Fri 15th May