**Activities for unit 1 Personal and Interpersonal Skills and Abilities**

1. **Identifying Skills and Abilities**

**Activity 1**

1. **Below are a list of skills and abilities. Complete an audit of where you are now. Record this in your learning journal/portfolio.**

Rate yourself (1=Not very well developed; 3=very well developed)

|  |  |  |  |
| --- | --- | --- | --- |
| *Skills and Abilities* | *1* | *2* | *3* |
| Self confidence |  |  |  |
| Self-discipline |  |  |  |
| Team Work |  |  |  |
| Act as a Leader |  |  |  |
| Listen to others |  |  |  |
| Write for academic purposes |  |  |  |
| Computing Skills |  |  |  |
| Be Creative |  |  |  |
| Problem solving |  |  |  |

**Activity 2**

1. **Complete the audit below, using the information from the table above.**

|  |  |  |
| --- | --- | --- |
| **Recognition** | **Reflection** | **Action** |
| *Skills already developed* | *How I will use these* | *How do I know (evidence)\*\** |
| Self confidence | I will us self-confidence in the classroom as means of teaching pupils. I will make sure I am confident while delivering my lesson and have the confidence in knowledge as well. My confidence will be passed onto the children’s |  |
| Self-discipline | Self-discipline has been used when I’ve had to study for my exams. I will make sure that I continue this discipline when studying at university. It is all about managing your time correctly and efficiently. |  |
| Team Work | It is essential that you have good team work skills while being a teacher, or any profession for that matter. I will use my team work skills while preparing our presentation for the working together module that will take place in December. |  |
| Act as a Leader | Acting as a leader is vital while teaching as you will oversee a class, and you are ultimately acting as a role model for them. I hope to use leadership skills when it comes to placement in February. |  |
| Listen to others | Being able to listen to others is extremely important in the classroom, but also within society. Everyone has different opinions, and it is important to listen and cooperate with this. I will use this while doing group work. |  |
| Write for academic purposes | My ePortfolio will hold most of my academic writing as I record and reflect on my experiences throughout university and while taking part in placement. |  |
| Computing Skills | I will use computing skills when writing my ePortfolio and for creating PowerPoints for lessons. |  |
| Be Creative | I will have to be creative while creating lesson plans. I want the lessons I teach the children to be interactive and engaging and I feel using my creativity will enhance this. |  |
| Problem solving | There will be several occasions when I am faced with difficult situations and I will use problem solving to find the best solution. |  |

|  |  |  |
| --- | --- | --- |
| **Recognition** | **Reflection** | **Action** |
| *Skills to be developed* | *How I will develop these* | *How do I know (evidence) \*\** |
| Act as a leader | I will try to become more proactive and increase my confidence so that I can be a more effective leader. |  |
| Organise and plan | During placement, I will plan and organise a variety of different lesson for the children. Planning these thoroughly makes the lessons more effective and engaging for the children. |  |
| Debate formally and informally | Debating skills can be developed through group work that I will be participating in throughout the year. Speaking to fellow students will allow us all to understand different opinions. |  |
| Build social networks | This can be developed through speaking to classmates and engaging in discussions. |  |
| Think critically | I will develop this when I must research different areas within the education system, such as issues and the safeguarding of children. |  |
| Generate new ideas | I will develop this by thinking of new ways to teach specific subjects. Generating new ideas will allow me to teach more effective lessons on placement. |  |

\*\* This section should be completed as you identify when/where/how you have used/developed these skills.