**Activities for unit 1 Personal and Interpersonal Skills and Abilities**

1. **Identifying Skills and Abilities**

**Activity 1**

1. **Below are a list of skills and abilities. Complete an audit of where you are now. Record this in your learning journal/portfolio.**

Rate yourself (1=Not very well developed; 3=very well developed)

|  |  |  |  |
| --- | --- | --- | --- |
| *Skills and Abilities* | *1* | *2* | *3* |
| Self confidence |  |  |  |
| Self-discipline |  |  |  |
| Team Work |  |  |  |
| Act as a Leader |  |  |  |
| Listen to others |  |  |  |
| Write for academic purposes |  |  |  |
| Computing Skills |  |  |  |
| Be Creative |  |  |  |
| Problem solving |  |  |  |

**Activity 2**

1. **Complete the audit below, using the information from the table above.**

|  |  |  |
| --- | --- | --- |
| **Recognition** | **Reflection** | **Action** |
| *Skills already developed* | *How I will use these* | *How do I know (evidence)\*\** |
| Self confidence | Self-confidence is key in any part of life but especially in primary teaching as if you don’t believe in yourself how do you expect young children to have confidence in you that you’ll be a good teacher. |  |
| Self-discipline | You need to have self- discipline at uni to meet deadlines, read chapters that need to be read for next class and finish essays to a high standard. |  |
| Team Work | As being a first year education student I know that throughout my career I will be working alongside lots of different individuals and groups to make sure we do our best to give each child the best opportunities in life so being able to work as part of a team is a key attribute for me. |  |
| Act as a Leader | For a team to work effectively, roles and responsibilities have to be established. In a classroom full of children, I have to act as the leader or else they will not have respect for me and therefore I will not be able to teach them what they need to learn in life to the best of my ability. |  |
| Listen to others | Communication is another key attribute for being a primary school teacher and also a member of society. There may be a child having issues with their class work and do not understand for example fractions and I have to be there to support them and give them whatever help is needed. I also have to be there for the children if they are having issues with friends or even at home and offer myself as someone to talk to. |  |
| Write for academic purposes | I will need this for submitting course work and essays and also for the future when I am teaching and may have to fill out reports and write to different groups and individuals. |  |
| Computing Skills | I need this as technology is now being used to connect the world. With it I am able to continue writing my blog about my time here at Dundee Uni but also use it to communicate with others in Scottish Education. |  |
| Be Creative | Creativity is something that everyone has but as Primary teaching includes the arts such as music, art and drama, creativity is a requirement. |  |
| Problem solving | We all come across problems that need to be solved in life and as a future primary school teaching I will need to be able to solve problems such as a child’s behaviour or an issue at home or if a lesson plan goes missing. |  |

|  |  |  |
| --- | --- | --- |
| **Recognition** | **Reflection** | **Action** |
| *Skills to be developed* | *How I will develop these* | *How do I know (evidence) \*\** |
| Act as a leader | I will develop my leadership skills by taking the lead in group opportunities in class but also in my Flat when decisions need to be made. |  |
| Organise and plan | I will develop my organisation and planning skills by having a structured planner and by keeping to a strict time plan for submitting coursework for education but also for my elective module. |  |
| Debate formally and informally | To further my debating skills (formally and informally) I will open myself up to discussions in class with my superiors and my peers but also back home at my flat with my flatmates. |  |
| Build social networks | Social media is a great way of communicating with people and sharing ideas. To continue to build my social networks I will continue writing my blog about my thoughts and feelings and what I get up to at Dundee Uni. |  |
| Think critically | To develop thinking critically will analyse more and also compare coursework to others in my class. I will also read through anything I will submit and judge my own writing and be a harsh marker. |  |
| Generate new ideas | To generate new ideas, I will open myself up to new possibilities that I hadn’t before in a hope that my creativeness will reach new highs. |  |

\*\* This section should be completed as you identify when/where/how you have used/developed these skills.