

### Homework Activity: Instructions for Making Bird Food/Fatballs

**Remember! Always get an adult to help you!**

***Lard can be very greasy! Once mixed, use a spoon to transfer the mix to cups and to pat firmly into a ball***

#### What you will need (Makes 3 or 4 Fatballs)

- Bird Feeder Ingredients
  - one cupful of currants
  - one cupful of sultanas
  - one cupful of oats
  - one cupful of breadcrumbs
  - Lard to bind ingredients together (*best at room temperature*)
- String 30 cm long
- 3 or 4 paper cups with a hole pierced in the base
- A large mixing bowl
- Scissors
- Table cover
- An apron
- Small soup spoon
- Anti-bacterial wipes
- Access to a freezer

#### What you need to do

1. Protect your table with the cover
2. Put on your apron to keep your clothes nice and clean.
3. Thread a long piece of string (about 30cm long) through the paper cup and tie a knot in at the bottom of the cup. Make a small loop at the other end of the string – enough to attach a label and be able to hang up. Make sure this doesn't fall into the cup when transferring the mixture!

*(Remaining string will sit at the bottom of the cup and be bound into the mixture.)*

4. Mix together all the dry ingredients in the mixing bowl
5. Add lard, a bit at a time, until mixture is sticky



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- Using a spoon, transfer a small amount of the mixture into the bottom of each cup. Swirl the mixture and remaining string together with the spoon then pat the mixture into a firm ball.
- Put the mixture into the freezer for 2/3 hours to set
- Clean up!
- When your bird food is 'set' cut away the paper cup
- Find a place to hang your bird food

Enjoy watching the birds feed! Can you name any of them?

