



**Community
Cooking Sessions
at Glasgow Green
Festival 2014**





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HEALTHIER SCOTLAND COOKING BUS AT THE COMMONWEALTH GAMES 2014 FREE SESSIONS FOR COMMUNITY GROUPS AND ORGANISATIONS

Supported by Scottish Government and the Food Standards Agency Scotland, the Healthier Scotland Cooking Bus is offering FREE practical cooking sessions throughout the Commonwealth Games to community groups and organisations.

SESSION INFORMATION

When are the sessions?

24 July - 3 August 2014.

Where are the sessions taking place?

The Healthier Scotland Cooking Bus will be located at Glasgow Green. Access to the site will be free and non-ticketed, so in addition to your session on the Cooking Bus, you could access the other activities and events at Glasgow Green.

How many people can visit the Cooking Bus?

Each session accommodates up to 16 participants and will be tailored to your group or organisation's needs.

How long do the sessions last?

Sessions are 1 hour and 30 minutes and take place at 10.45am each day.

Who can take part?

Sessions can be for any type and age range of local community group or organisation e.g. a group for the disabled, senior citizens or family group. There is an opportunity to involve parents and carers also.

Do we need to provide any food?

No. We provide all the food and the aprons needed for your session, all we ask is that you arrive promptly and ready to cook with us.

How do I book a session?

Contact Joanne Johnstone by email joanne@focusonfood.org or telephone 01422 383191 to book your session.

THEN WHY NOT APPLY FOR YOUR OWN COOKING BUS VISIT?

Following your session, why not apply for a Cooking Bus to visit your community - find out more online at www.focusonfood.org