



# KINGS PARK SECONDARY

## Educator Focus



### What happened?

A career event to develop the skills of young people helping them to develop a broader understanding of how to gain sustainable employment and with a focus on mental health.

- Valerie Michie – Chief Executive, The Huntercombe Group
- Calum Jarvie – HR Advisor at CBRE

The pupils heard the career stories of the speakers and discussed mental health including discussing misconceptions.

### What did the Young People learn?

The young people not only heard the career stories of two people from the world of work but also had the opportunity to talk about mental health and what to do if they are concerned about themselves or a friend.

*"We all know ways to look after our physical health and we can all learn ways to look after our mental health too"*

Valerie Michie – speaker at event

It's so important for our young people to hear these messages, about employability, from external speakers. It reinforces what we say to them on a daily basis.

Niamh Egan – organising teacher

15

Age of the youngest pupil

6,340

Student Employer Encounters in the Glasgow Area

### Career Education Standard (Senior Phase)

- I can identify the skills I have learnt across the curriculum, how these skills relate to the world of work and can apply these appropriately during work placements and work-related learning
- I can describe all aspects of typical recruitment and selection processes and how to best prepare for and manage these
- I can identify and access support networks that will help me into a positive and sustained destination beyond school

### Curriculum For Excellence

- HWB 4-19a - Based on my interests, skills, strengths and preferences, I am supported to make suitable, realistic and informed choices, set manageable goals and plan for my further transitions
- HWB 4-44b – I understand and can demonstrate the qualities and skills required to sustain different types of relationships

