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| **What is expected of me?** |
| * **I should engage with learning experiences suggested by my teacher** |
| **How will I submit the work?** |
| * **By using Showbie – see pupil guide and video (link to school website)** * **By using Seesaw – see pupil guide and video (link to school website)** * **By using GLOW - see pupil guide (link to school website)** |
| **What if I don’t submit the work?** |
| * **My parent will be contacted by a member of staff and support will be offered** |
| **NB: I will check for regular updates on twitter and facebook** |
| **If I am really worried about anything or wish to speak to someone, I will contact** [***CP***](mailto:gw09cookekathryn@glow.ea.glasgow.sch.uk) ***name and email address***  **Most importantly, please look after yourself and your family and if you need anything at all, please contact any teacher** |
| **Where can I go for extra help?**  **Foodbanks**   * ***Glasgow SE Foodbank , 201 Ardencraig Road*** * ***Castlemilk Church Foodbank, 465 Carmunnock Road (opposite Cherry Tree nursery)*** * ***Maureen Cope Community Hall, Ardencraig Road***   ***Local supports***   * ***Castlemilk Youth Complex 0141 630 0000 (Facebook / Twitter)*** * ***Castlemilk Stress Centre 0141 630 0111 (Facebook / Twitter)*** * ***South East Young Carers 0141 423 0728*** * ***Castlemilk Parish Church 0141 634 7113***   **Other supports**   * **Childline 0800 1111** [**www.childline.org.uk**](http://www.childline.org.uk) * **Police Scotland 101** * **SEE ME Scotland** [**www.seemescotland.org/young-people**](http://www.seemescotland.org/young-people) * **Lifelink** [**www.lifelink.org.uk/how-we-can-help/young-people**](http://www.lifelink.org.uk/how-we-can-help/young-people) * **LGBT Youth Scotland 0141 552 7425 (Facebook / Twitter)** [**www.lgbtyouth.org.uk**](http://www.lgbtyouth.org.uk) |

***Primary Pupils***