



What is expected of me?

- I should encourage my child to submit work up to 3 times per week per subject (based on work issued by my teachers)

How will my child submit the work?

- By using Showbie – see pupil guide and video (link to school website)
- By using GLOW - see pupil guide (link to school website)

What if my child does not submit the work?

- I will be contacted by the school and support will be offered

NB: I should encourage my child to work from their revision box
I should check twitter and facebook regularly

If I am really worried about anything or wish to speak to someone, I can contact *name and email address of the Child Protection Officer*

Most importantly, please look after yourself and your family and if you need anything at all, please contact any teacher or your child's pastoral care teacher

Pastoral Care Teacher email address

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Where can I go for extra help?

Foodbanks

- *Glasgow SE Foodbank , 201 Arden Craig Road*
- *Castlemilk Church Foodbank, 465 Carmunnock Road (opposite Cherry Tree nursery)*
- *Maureen Cope Community Hall, Arden Craig Road*

Local supports

- *Castlemilk Youth Complex* *0141 630 0000 (Facebook / Twitter)*
- *Castlemilk Stress Centre* *0141 630 0111 (Facebook / Twitter)*
- *South East Young Carers* *0141 423 0728*
- *Castlemilk Parish Church* *0141 634 7113*

Other supports

- *Childline* *0800 1111* *www.childline.org.uk*
- *Police Scotland* *101*
- *SEE ME Scotland* *www.seemescotland.org/young-people*
- *Lifelink* *www.lifelink.org.uk/how-we-can-help/young-people*
- *LGBT Youth Scotland* *0141 552 7425 (Facebook / Twitter)* *www.lgbtyouth.org.uk*