

# ST THOMAS AQUINAS

## ONLINE LEARNING

### SUPPORT FOR LEARNING

#### PERSONAL DEVELOPMENT - S4



The Health & Wellbeing of our young people is extremely important to us. As well as completing our weekly tasks, we would encourage all pupils to stay active and exercise regularly.

#### Where can you find the work?

- PUPIL SITE- One Drive- Personal Development- Lessons
- Tasks are posted weekly as assignments on Teams.



#### What sort of work will your child be completing?

Pupils have a weekly check in every Tuesday at 10:45

A pre-recorded lessons is issued Monday Week 1 and Friday Week 2.