



Primary Menu 2025

Starts 21st April

Select a main meal, drink and dessert. Choose as much fruit and veg, soup and bread as you like.

- ✓ All meals include choice of plain semi-skimmed milk and refresh water
- ✓ All options include – yoghurt and fresh fruit for dessert
- ✓ All dishes are served with a choice of seasonal vegetables or side salad

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Soup (V)	Lentil Soup Selection of Bread (V)	Minestrone Soup Selection of Bread (V)	Lentil Soup Selection of Bread (V)	Carrot & Coriander Soup Selection of Bread	Lentil Soup Selection of Bread (V)
Choice 1	Quorn Hot Dog & Onions in a Finger Roll Plain or Herb Diced Potatoes (V)	Chicken Tikka Boiled Rice	Beef Lasagne Crusty Bread	Roast Chicken Yorkshire Pudding with Roast Potatoes	Tomato Pasta Crusty Bread (V)
Choice 2	Cheese & Tomato Quiche Potatoes (V)	Fish Fingers with Oven Chips or Potatoes	Chicken Meatballs Spicy Tomato Sauce in a Roll	Cheese Sandwich or Roll (V)	Turkey Sandwich or Roll
Choice 3	Baked Potato Baked Beans (V)	Egg Mayo Sandwich or Roll (V)	Cheese Toastie (V)	Tuna Pasta Crunch	Sausage Cowboy Beans Potatoes

Medical Diet – If you have any dietary requirements please contact the catering manager

(V) Vegetarian

We use UK seasonal produce when available and where possible use Scottish produce

We also offer
Homemade soup with a selection of bread



WEEK

1

WEEKLY CYCLE

(2025) 21/4, 12/5, 2/6,
23/6, 11/8, 1/9,
22/9, 20/10, 10/11

(2026) 1/12, 5/1, 26/1,
16/2, 9/3, 30/3



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Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Soup (V)	Lentil Soup Selection of Bread (V)	Vegetable & Rice Selection of Bread (V)	Lentil Soup Selection of Bread (V)	Tomato Soup Selection of Bread (V)	Lentil Soup Selection of Bread (V)
Choice 2	Macaroni Cheese Crusty Bread (V)	Sausages in Gravy with Potatoes	Chicken Curry Boiled Rice	Beef Mince Pie with Potatoes	Breaded Fish with Potatoes
Choice 2	Vegetable Curry Boiled Rice (V)	Baked Potato Coleslaw (V)	Tuna Pasta Salad	Quorn Hot Dog & Onions in a Finger Roll Plain or Herb Potato Wedges (V)	Turkey Sandwich or Roll
Choice 3	Cheese Toastie (V)	Chicken Sandwich or Roll	Quorn Goujons Salad Wrap (V)	Tuna Mayo Sandwich or Roll	Quorn Mayo Sandwich or Roll (V)

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WEEK 2

WEEKLY CYCLE

(2025) 28/4, 19/5, 9/6,
18/8, 8/9, 29/9,
27/10, 17/11, 8/12

(2026) 12/1, 2/2, 23/2,
16/3



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WEEK 3

WEEKLY CYCLE

(2025) 5/5, 26/5, 16/6,
25/8, 15/9, 6/10,
3/11, 24/11, 15/12

(2026) 19/1, 9/2, 2/3, 23/3

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Soup (V)	Lentil Soup Selection of Bread	Carrot & Coriander Selection of Bread	Lentil Soup Selection of Bread	Scotch Broth Soup Selection of Bread	Lentil Soup Selection of Bread
Choice 1	Omelette Potatoes (V)	Chicken Burger in a Bun Plain or Spiced Diced Potatoes	Beef Spaghetti Bolognese Crusty Bread	Fish Fingers with Oven Chips or Potatoes	Beef Burger in a Bun Plain or Spiced Diced Potatoes
Choice 2	Soft Cheese Sandwich or Roll with Banana (V)	Baked Potato Tuna Mayo	Chicken Sandwich or Roll	Quorn Curry Boiled Rice (V)	Dhal Boiled Rice (V)
Choice 3	Cheese & Tomato Pizza with Pasta (V)	Cheese Toastie (V)	Baked Potato Vegetable Bolognese (V)	Turkey Sandwich or Roll	Tuna Mayo Sandwich or Roll

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