

OFFICIAL

**Primary Fuel Zone Menu
Week One**

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Homemade Soup Selection of Bread	Homemade Soup Selection of Bread	Homemade Soup Selection of Bread	Homemade Soup Selection of Bread	Homemade Soup Selection of Bread
Choice 1	Quorn Meatballs in Tomato Sauce with Rice	Roast Chicken Yorkshire Pudding Potatoes	Fish Fingers Oven Chips or Potatoes	Steak Pie with Potatoes	Chicken Curry with Rice
Choice 2 V	Cheese & Tomato Pizza Herb or Plain Potato Wedges	Baked Potato Savoury Cheese	Vegetable Paella Crusty Bread	Sweet Chilli Quorn Flat Bread	Vegetable Quarter Pounder Spiced or Plain Diced Potatoes
Choice 3	Cheese Sandwich or Roll	Fish Goujons Salad Wrap	Savoury Cheese Sandwich or Roll	Tuna Sandwich/Roll	Tandoori or Plain Chicken Chunks Spiced or Plain Diced Potatoes
Vegetables	Seasonal Vegetables Side Salad	Seasonal Vegetables Side Salad	Seasonal Vegetables Side Salad	Seasonal Vegetables Side Salad	Seasonal Vegetables Side Salad
Dessert	Yoghurt Selection of Fruit	Yoghurt Selection of Fruit	Yoghurt Selection of Fruit	Yoghurt Selection of Fruit	Yoghurt Selection of Fruit
Drinks	Plain Semi-Skimmed Milk Refresh Water	Plain Semi-Skimmed Milk Refresh Water	Plain Semi-Skimmed Milk Refresh Water	Plain Semi-Skimmed Milk Refresh Water	Plain Semi-Skimmed Milk Refresh Water

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**Primary Fuel Zone Menu
Week Two**

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Homemade Soup Selection of Bread	Homemade Soup Selection of Bread	Homemade Soup Selection of Bread	Homemade Soup Selection of Bread	Homemade Soup Selection of Bread
Choice 1	Falafel Burger in a Bun Oven Chips or Potatoes	Savoury Mince with Potatoes	Meatballs in Gravy Spiced or Plain Diced Potatoes	Spaghetti Bolognaise Garlic & Herb Bread	Breaded Fish with Potatoes
Choice 2 V	Baked Beans on Toast	Quorn Goujons with Tangy Sweet & Sour Noodles	Vegetable Curry with Rice	Quorn Hot Dog & Onions Herb or Plain Potato Wedges	Quorn Tomato Pasta Garlic & Herb Bread
Choice 3	Baked Potato Cheese & Coleslaw	Tuna Sandwich or Roll	BBQ Chicken Breast on a Bun Spiced or Plain Diced Potato	Cheese Sandwich or Roll	Sweet Chilli Chicken Wrap
Vegetables	Seasonal Vegetables Side Salad	Seasonal Vegetables Side Salad	Seasonal Vegetables Side Salad	Seasonal Vegetables Side Salad	Seasonal Vegetables Side Salad
Dessert	Yoghurt Selection of Fruit	Yoghurt Selection of Fruit	Yoghurt Selection of Fruit	Yoghurt Selection of Fruit	Yoghurt Selection of Fruit
Drinks	Plain Semi-Skimmed Milk Refresh Water	Plain Semi-Skimmed Milk Refresh Water	Plain Semi-Skimmed Milk Refresh Water	Plain Semi-Skimmed Milk Refresh Water	Plain Semi-Skimmed Milk Refresh Water

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Primary Menu April 2021 to April 2022

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**Primary Fuel Zone Menu
Week Three**

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Homemade Soup Selection of Bread	Homemade Soup Selection of Bread	Homemade Soup Selection of Bread	Homemade Soup Selection of Bread	Homemade Soup Selection of Bread
Choice 1	Sweet Potato & Coconut Curry with Rice	Lasagne Garlic & Herb Bread	Roast Chicken & Yorkshire Pudding with Potatoes	Sausages in Gravy with Potatoes	Fish Fingers Oven Chips or Potatoes
Choice 2 V	Quorn Goujon Herb or Plain Potato Wedges	Cheese & Tomato Pizza with Pasta	Quorn Risotto Crusty Bread	Vegetable Chilli with Rice	Cheese & Tomato Quiche Oven Chips or Potatoes
Choice 3	Cheese Sandwich or Roll	Tuna Sandwich or Roll	Fish Cake Herb or Plain Potato Wedges	Chicken Goujon Salad Wrap	Baked Potato Baked Beans
Vegetables	Seasonal Vegetables Side Salad	Seasonal Vegetables Side Salad	Seasonal Vegetables Side Salad	Seasonal Vegetables Side Salad	Seasonal Vegetables Side Salad
Dessert	Yoghurt Selection of Fruit	Yoghurt Selection of Fruit	Yoghurt Selection of Fruit	Yoghurt Selection of Fruit	Yoghurt Selection of Fruit
Drinks	Plain Semi-Skimmed Milk Refresh Water	Plain Semi-Skimmed Milk Refresh Water	Plain Semi-Skimmed Milk Refresh Water	Plain Semi-Skimmed Milk Refresh Water	Plain Semi-Skimmed Milk Refresh Water

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**Primary Fuel Zone Menu
Week Four**

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Homemade Soup Selection of Bread	Homemade Soup Selection of Bread	Homemade Soup Selection of Bread	Homemade Soup Selection of Bread	Homemade Soup Selection of Bread
Choice 1	Macaroni Cheese Garlic & Herb Bread	Breaded Fish with Potatoes	Chicken Casserole Herb or Plain Potato Wedges	Mince Pie with Potatoes	Chicken Fajita Spiced or Plain Diced Potatoes
Choice 2 V	Quorn Sausage Casserole with Potatoes	Thai Vegetable Curry with Rice	Baked Potato Cheese & Coleslaw	Quorn Goujon Salad Flat Bread	Vegetable Arrabiata Pasta
Choice 3	Banana & cheese Sandwich or Roll	Chicken Mayonnaise Wrap	Hot Dog Sausage & Onions Herb or Plain Potato Wedges	Cheese Sandwich or Roll	Chicken Burger in a Bun Spiced or Plain Diced Potatoes
Vegetables	Seasonal Vegetables Side Salad	Seasonal Vegetables Side Salad	Seasonal Vegetables Side Salad	Seasonal Vegetables Side Salad	Seasonal Vegetables Side Salad
Dessert	Yoghurt Selection of Fruit	Yoghurt Selection of Fruit	Yoghurt Selection of Fruit	Yoghurt Selection of Fruit	Yoghurt Selection of Fruit
Drinks	Plain Semi-Skimmed Milk Refresh Water	Plain Semi-Skimmed Milk Refresh Water	Plain Semi-Skimmed Milk Refresh Water	Plain Semi-Skimmed Milk Refresh Water	Plain Semi-Skimmed Milk Refresh Water

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