

# ST. ALBERT'S

# News



## **5th September 2025 Newsletter**

Dear Parents, Carers, and Families,

Please check out our learning this week and important information for this term.



Getting It Right For Every Child (GIRFEC) National Practice Model is the framework we use in Scotland for improving the wellbeing of children and young people. It is a shared framework used by education practitioners and external services such as health and social work to assess a child's needs and plan support through three core tools: the My World Triangle, which understands a child's world; the Wellbeing Indicators (SHANARRI), which assess progress in key areas; and the Resilience Matrix.

The model emphasizes a child-centred approach, involving children, young people, and their families in decision-making and providing the support needed.

Over the next few terms, we will be providing opportunities for children to become more familiar with the concepts and language associated with National Practice Model, emphasising their rights and the alignment with Rights Respecting Schools.

You can find out more about Getting It Right For Every Child (GIRFEC) National Practice Model [here](https://www.gov.scot/publications/getting-right-child-girfec-practice-guidance-1-using-national-practice-model-easy-read/pages/1/) (create a hyperlink)

<https://www.gov.scot/publications/getting-right-child-girfec-practice-guidance-1-using-national-practice-model-easy-read/pages/1/>



# My World Triangle



## How I grow and develop



being healthy



learning and achieving



being able to communicate



enjoying family and friends



becoming independent, looking after myself



learning to be responsible



confidence in who I am



## What I need from people who look after me



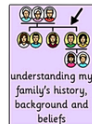
everyday care and help



keeping me safe



being there for me



understanding my family's history, background and beliefs



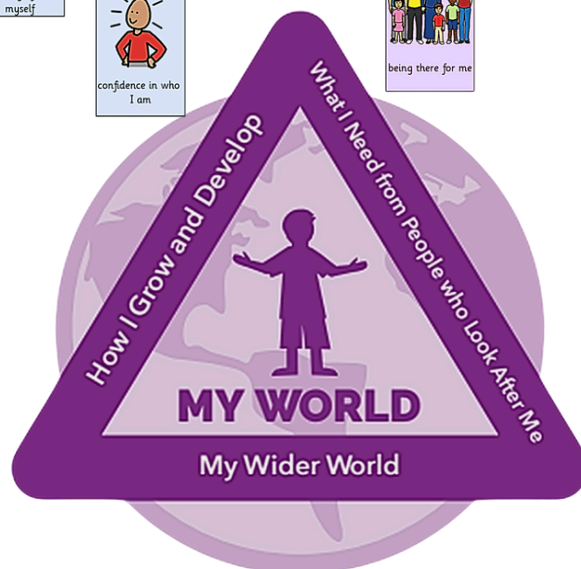
knowing what is going to happen and when



guidance, supporting me make the right choices



play, encouragement and fun



## My wider world



support from family, friends and other people



local resources



enough money



school



comfortable and safe housing



work opportunities for my family



belonging



**Mon**

9.15am - 10.30am P6b Bridges & Barriers Workshop LAST  
10.50am - 12pm P6a Bridges & Barriers Workshop LAST  
1.30pm - 2pm Assembly (Wkly)  
3pm - 3.55pm Football Afterschool Club with AC P6 - P7 Wk1

**Tue**

9am-10am Families Connect P2 Parents Ms Kelly & Mrs Hanif Wk1 -  
RM10  
1.30pm - 2.30pm Families Connect P2 Parents Ms Kelly & Mrs Hanif  
Wk1 RM10  
1.30pm - 2.30pm Glasgow Life Play Sessions - P3 Wk1  
3pm - 3.55pm Boys Afterschool Club with ANSAR P5 - Wk2  
3pm - 3.55pm Girls Afterschool Club with JF P4s - P7s - Wk2

**Wed**

9.15am - 10.45am Muffins & Maths P1 Parents Wk2 - RM10  
9.30am Class Kelpie @ Reidvale Adventure  
· 9.30am Class Nessie @ The Yard  
· 1.15pm P6 BOYS Swimming @ Bellahouston Wk4 - AC & CC  
· 1.30pm Parent Teacher Council Meeting

**Thurs**

10.30am Swimming Class Ghillie @ Bellahouston Pool  
10.45 - 3pm Mrs Fella with Health & Wellbeing Groups (Wkly) - RM10  
10.50am - 12.30pm Art Workshops with Mena P4 Wk1  
1.15pm - 3pm Art Workshops with Mena P3 Wk1

**Fri**

9.30am - 10.15am Assembly (wkly)  
10am EARLY Break for P6 Girls  
10.15am P6 Girls Swimming @ Maryhill Sports Centre Wk4 - MM & KH  
1.45pm - 2.45pm Class Clubs  
1.45pm Café Connect Wkly  
2pm Mass





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