

ST. ALBERT'S

News



22nd August 2025 Newsletter

Dear Parents, Carers, and Families,

Please check out our learning this week and important information for this term.

Diary: 29th August 2025

- **Monday**

9.15am - 10.30am P6b Bridges & Barriers Workshop

10.50am - 12pm P6a Bridges & Barriers Workshop

1.30pm - 2pm Assembly

2pm - 2.15pm Supported Play

2.15pm Meet the Teacher - P6b ONLY

3pm - 3.55pm Rugby Afterschool Club with DA P6 - P7 Wk 1

- **Tuesday**

9am Families Connect Info Meeting P2 Parents - RM10

12.30pm MMcA + Pupils @ JRSO Induction Training City Chambers

3pm - 3.55pm Boys Afterschool Club with ANSAR P5 - Wk1

3pm - 3.55pm Girls Afterschool Club with JF P4s - P7s - Wk1

- **Wednesday**

9.15am - 10.45am Muffins & Maths P1 Parents Wk1 - RM10

9.30am Class Ghillie @ Pollok Park

1pm P1 Music Lessons with Marrian

1.15pm P6 BOYS Swimming @ Bellahouston

1.15pm Annual General Parent Meeting with Mrs Harker - ALL Parents Invited

2pm Meeting for P7 parents/carers regarding Dalguise Trip

- **Thursday**

10am Swimming Class Ghillie @ Bellahouston Pool

- **Friday**

9.30am - 10.15am Assembly

10.15am P6 Girls Swimming @ Maryhill 1

1.45pm - 2.45pm Class Clubs

1.45pm Café Connect

Family Workshops

- Families Connect Information Session for Primary 2 parents/carers then runs for 7 weeks

Tuesday 2nd September @ 9am

- Muffins & Maths Sessions for P1 parents/carers beginning for 6 weeks

Wednesday 3rd September @ 9.15

- Parent Support Group meeting at the Tramway
Friday 5th September @ 12 - 2pm

- Cafe Connect **every Friday @ 1.45pm**

- Healthy Families: Growing Up course for 8 weeks

Monday 15th September @ 12.30 - 2.30pm

- Mellow Ability Workshops for 9 weeks
Beginning in September

- **Life link Well being Classes for Parents/Carers** - This is a one off session with more sessions to be follow. Aiming for the beginning of October. Please contact myself or the office. gw13kellykatherin@glow.sch.uk

Art of Relaxation This class is focused on learning skills and techniques to help you relax effectively. We use mindfulness techniques to enable you to bring your attention to what you want to focus on and help you to become comfortable with your own inner thoughts and feelings.

Great start to school



Daniel Lee presenting from Young Carers





PARENT SUPPORT GROUP

Supporting families whose child has an additional need.

Spend time with a supportive community of parents, carers and professionals who can provide, support, friendship and share knowledge around parenting a child with additional needs.

**GUEST SPEAKER
SAMH**

Scottish Action For Mental Health



**Friday 5th September
The Tramway
25 Albert Drive
Glasgow G41 2PE
12-2pm.**



Contact Kirstine Creevy for more information on;
gw16creevykirstine@glow.ea.glasgow.sch.uk



Mellow Ability aims to support parents and their children with additional needs to enjoy resilient, emotionally thriving lives. The focus is creating a safe space, reducing social isolation and pressure, and building stronger relationships to improve children's development.

Learning Outcomes

- Sharing experiences and creating bonds with peers.
- Understanding our children as they are.
- Building hope and promoting proactivity.
- Shaping our children's future and decreasing social isolation.

"You have given us so much. Friendship, laughter, a few tears and most importantly, hope for the future"- Mellow Ability Participant.

Who Are Mellow?

At Mellow, we want every child in the world, to be part of a nurturing family that allow them and future generations the best possible start in life. We focus on strengthening relationships and improveing twhole family wellbeing.



Parenting workshops for families whose children have additional needs.

9 week block of sessions

Starting September 2025

Sign up by Friday 5th August and fill in your details to receive more information.



What to expect



**Lunch &
Refreshments**



**Location
Urban Community
Project**



**Relevant
Workshops &
Planned
Activities**

Contact Us- Kirstine Creevy

☎ 0141 429 1983

✉ gw16creevykirstine@glow.ea.glasgow.sch.uk

Healthy Families: Growing Up



Join our
parent
group

Healthy, thriving children and families



HENRY's free **Healthy Families: Growing Up** programme is for parents and carers of primary-school age children – it will help you develop a healthier, happier lifestyle that the whole family can enjoy.

The programme covers these 5 themes across 8 sessions and provides everything you need to help your children flourish.

- Feeling more confident as a parent
- Physical activity for the whole family
- What children and the whole family eats
- Family lifestyle habits
- Enjoying life as a family

Get
in touch
to sign up
now!

Programme details

Venue- St Albert's Primary School
Maxwell Drive. G41 5DU
Date- Monday 15th Sep-Mon 17th Nov(exc
29th sep , 13th oct)
Time- 12:30-2:30pm

"This was the best thing I could
possibly have done to help me be a
better mum"



Contact Us

If you would like to attend e-mail;

gw16creevykirstine@glow.ea.glasgow.sch.uk

OR talk to a member of staff.



Mrs Harker (Headteacher)
CHarker@st-alberts-pri.glasgow.sch.uk

Mrs Wynd (Acting Depute Head Mainstream)
LWynd@st-alberts-pri.glasgow.sch.uk

Mrs Chapman (Acting Depute Head Provision)
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Mrs Mc Cue (PT Infants)
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Mrs Kelly (PT Middle School)
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Mrs Pattie (PT Upper School)
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Mrs Creevey (PT Inclusion & Family Support)
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