Snow Sports Trip

2024 King's Park Secondary

14th - 21st December 2024







## Introduction

- Staff:-
  - Mr Jack
  - Ms Shearer
  - Mr Nicol
- We run the KPSS Ski Club as well as organise an abroad Ski Trip to Europe.
- The last trip ran in 2020 and we went to Italy.



#### When?

- Saturday 14<sup>th</sup> December 2024 until....
- Saturday 21<sup>st</sup> December 2024
- 1 full week
- The week before Christmas 2024
- Missing 4 days of school
- 5 days skiing on the mountain



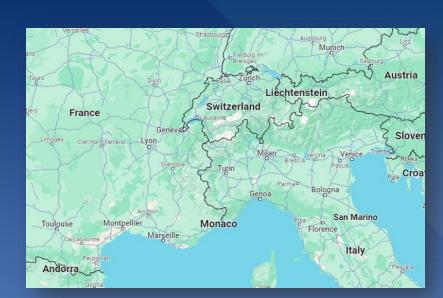
# Who is the ski trip for?

- S1 & S2 pupils
- We think most people will be total beginners, however those with skiing experience are welcome
- Everyone is welcome including those who have skied before
- You need a level of independence
- Be fit enough to ski for 5 hours a day
- Be able to arrive on time
- Manage your equipment and clothing
- Can be responsible for getting ready for the day on the mountain



#### Destination

- The exact destination has yet to be confirmed, but it will likely be to one of the following countries:
  - France
  - Andorra
  - Italy
  - Austria
- Tour companies need to know how many people are going to attend before giving us the exact price; hence why destination has not been confirmed yet.



# What you will learn

#### Physical Skills:

- Skiing Technique: Learn the basics of skiing, including how to turn, stop, and navigate different types of slopes.
- Balance and Coordination: Skiing requires a good sense of balance and coordination, helping to improve these physical skills.
- Teamwork and Social Skills:
  - Group Dynamics: Participating in group activities
     and ski lessons fosters teamwork and social interaction.
  - Communication: Learning to communicate effectively with instructors and fellow participants on the slopes.



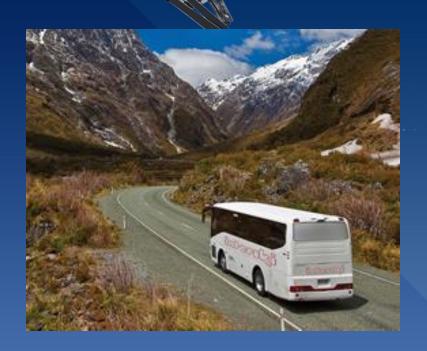
# What you will learn (cont...)

- Resilience and Persistence:
  - Setting and Achieving Goals: Progressing from the beginner slopes to more challenging terrain provides a sense of achievement.
- Cultural Awareness:
  - Local Culture: The opportunity to experience and appreciate the local culture of the ski resort area.
- Independence and Responsibility:
  - Self-Care: Managing personal equipment, dressing appropriately for the weather, and taking responsibility for personal belongings.



# Transport

- Luxury 49 seater Bus
- USB Chargers & DVD player built into the bus
- Toilet on the bus
- Stops at service stations throughout the journey
- Ferry at Dover
- 20 hour bus journey
- Pupils will be expected to sleep during parts of the journey



#### Accommodations

- Rooms are mostly for 3 or 4 pupils and all have private facilities and TV. Some rooms have bunk beds
- Pupils get to specify who they would like to share a room with
- Free WiFi
- The hotel may have an area with table football, table tennis for pupils to socialise
- Breakfast and Dinner will be served in the hotel each day



# Daily Routine

- Wake between 7am-7:30am
- Breakfast at hotel 8am. Dressed in ski clothes.
- Leave hotel at 9am
- Arrive on the mountain and pickup equipment 9.30am-10am
- Skiing with instructors from 10am-12pm

- Lunch on the mountain 12pm-1pm
- Skiing with instructors from 1pm-3pm
- Return equipment. Potential time for a hot chocolate before descending off the mountain 3pm – 4.15pm
- Back to hotel for dinner 5.30pm-6.30pm
- Evening activities 7:00pm
- Lights out 9:30-10pm

# Après Ski – (after skiing)

Although not confirmed the options

include

– Ice Skating

Pizza Night

- DVD night
- Quiz Night
- Bowling
- Tour of the town
- Prize giving (Friday Night)
- Visit to supermarket



### Costs and Inclusions

- The trip will cost £1000
- This will be paid up in monthly instalments
- The cost includes
  - Transportation
  - Accommodation
  - Equipment
  - Ski Pass and Tuition
  - Meals
  - Evening Entertainment

Month	Amount
Friday 2 <sup>nd</sup> February	Interest slips should be handed in to Mr. Jack or the office
End of Feb	Pupils will be notified who is going on the trip  A £40 deposit will be gathered to secure each place
wb/ Monday 4 <sup>th</sup> March	£120
wb/ Monday 15 <sup>th</sup> April	£120
wb/ Monday 6 <sup>th</sup> May	£120
wb/ Monday 3 <sup>rd</sup> June	£120
wb/ Monday 1 <sup>st</sup> July	£120
wb/ Monday 5 <sup>th</sup> August	£120
wb/ Monday 2 <sup>nd</sup> September	£120
wb/ Monday 7 <sup>th</sup> October	£120
wb/ Monday 4 <sup>th</sup> November	Paperwork to be completed
December	Parents Meeting

### **Testimonials**



"I could not ski before but now I am glad that I know the basics to skiing. It was so much fun learning new skills, and seeing places that we might not have had the opportunity to see. Even though it was a long trip on a bus to Italy, we made new friendships along the way"

- Jane Tartaglia

"The skiing trip what amazing we learned a lot of things and the mountains were beautiful. We had so much fun. If I got the opportunity to go again I would 100% go. I gained so much confidence from that trip I went from a beginner skier to one of the best ones in my class. The people who taught me where so nice and if you fell they would help you up" - Erin Tummon

#### **Testimonials**

"When we went on the skiing trip with Miss Shearer and Mr Jack we learned a lot of things. We made lots of lasting friendships and learned how to order things in Italian and learned about Italian culture. We pushed ourselves to do the best we could on the mountains and gained so much confidence in ourselves and it gave us skills that we couldn't have learned in the school."

- Jaimie Hughes

"After Italy I learned loads of different skills, from learning to ski and how to build a good friendship with people I didn't know that much. I came back from Italy with a lot of confidence and new friends. I learned so much about how Italian people lived. Italy was such a good experience spending time with different people and also picking up stuff about another country. It would be so amazing for the trip to go ahead again soon as it would let us continue to learn a new sport and help us achieve more and for others to pick up some new skills like we all did."

Rebecca Potter



## Registration Process

- Please take a letter home and discuss this with your parents.
- If you would like to be considered for a place, please return the slip at the bottom of the letter to Mr Jack or, alternatively, to the office, by Monday 5<sup>th</sup> February.
- If the trip is oversubscribed, pupil names will be randomly selected.
- Pupils will be informed in February if they have a place on the trip. A £40 deposit will then have to be paid via parent pay to confirm this place.



### Free Scottish Ski Lessons

#### Free Ski Club at KPSS:

- Join our FREE ski club at KPSS!
- After-School Ski Lessons:
  - Have fun with FREE ski lessons at Bearsden Dry Slope after school.
- Free Transportation and Equipment:
  - Get to the slope and gear up for free
- How to Join:
  - Sign up for the ski trip to be considered for the club.
  - Pupils attending the ski trip have a chance to be selected for the club.



# IN S2 YOU WILL ALSO HAVE THE OPPORTUNITY TO GO ON THE HOLLAND TRIP

- It is a 6 day/5 night trip travelling to Holland, Germany and Belgium.
- We visit 3 different theme parks, go tobogganing and have time in the beautiful town of Valkenburg.







# Any Questions?

Thank you for attending this meeting.

Please feel free to ask questions in front of the group as chances are other pupils may have similar questions.

If you'd rather ask questions in private then please stay back at the end of the meeting.

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