SCIENC

SHAWLANDS

EVERYTHING YOU DON'T KNOW IS SOMETHING THAT YOU CAN LEARN.





This leaflet offers useful advice for parents and young people preparing for SQA exams in Biology, Chemistry or Physics this year. We hope that this information will help in your vital preparations at home. Don't forget to ask your teacher about any aspect of your revision you don't understand!



Science @ Shawlands





TIPS FOR PARENTS

- Be positive and offer support and encouragement.
- Provide, or direct your child to, a quiet place to study.
- Support your child to formulate a personalised, realistic revision plan allowing time for revision and social/relaxing time.
- Get involved with revision!
 You can help by asking
 questions, or quizing your
 child on their flashcards. Make
 a game out of it!
- Encourage study without access to social media..
- Encourage and monitor attendance at supported study.
- Provide healthy meals, plenty of water and exercise.

ONLINE RESOURCES

- Microsoft Teams
- Science @ Shawlands website has a growing variety of revision materials
- BBC Bitesize
- West OS can be accessed through Glow and offers online video lessons across the 3 Sciences.
- SQA website has course specification and past papers.
- Scholar can be accessed through Glow and has good revision resources for N5, H and AH Science students.
- JABchem.org.uk is a useful resource for Chemistry Students
- Miss Adams Chemistry channel on YouTube
- Mr MacKenzie 'Fizzics' page has useful resources for N5, H & AH Physics
- Mr Smiths Youtube channel and website (smithphysics.weebly.com) has a range of Physics materials and video solutions

TIPS FOR PUPILS

- Start now. Do not wait any longer to start revising.
- Ask for help when you do not understand something.
- Attend supported study.
- Create an achievable study plan, allowing time to revise all units and time to relax.
- Use your prelim analysis to highlight areas which you have found challenging.
- Make your own summary notes and flash cards.
- Practice past paper questions.
- Use a variety of study methods and resources including online revision tools.
- Use retrieval practice methods shared in school.
- Look after yourself.
 Eating, sleeping and drinking water help!