

Health and Safety

- If you are attending the hub in school, please follow the protocols (that have been sent to your family already);
- Make sure you are safe online:
 - When you connect to your class Team, make sure you are muted and your camera is off. If your teacher needs you to speak, they will let you know and give you further instructions;
 - Only post comments / questions about learning on the chat function;
 - Do not post to a whole school team;
 - Rules that are in place in the classroom in school are in place on the online platform;
 - Do not share recordings / images of the work / class discussion etc.
- If you have any concerns about your safety online, please report it immediately to your Pastoral Care Teacher / Year Head.

Communication and Wellbeing

- A weekly assembly will be delivered by your Year Head on your year group Team – please join this. S1 – S4 should join their assembly at 8.45am every Monday morning and S5 should join period 6 on a Monday and S6 should join period 6 on a Tuesday;
- Our school captains will send you all a weekly message at your assembly;
- Our year group and whole school Pupil Councils will begin soon – you will be able to raise any concerns / questions through these too;
- We will check if you are okay regularly through PSE – make sure you tell us honestly how you are feeling;
- If you need support, you have your Pastoral Care Teacher and Year Head but we also have a school counsellor and different partners who help us to support you;
- Try to do things that help you – exercise, eat well, drink plenty of water and avoid too much screen time;
- If you are become ill or are self-isolating, please keep in contact with your Pastoral Care Teacher via Teams or e mail.

Learning, Teaching and Assessment

- Follow your school timetable and the original class times - no early breaks or early lunches!;
- Make sure you are part of the class Showbie group (S1/S2) or Team (S3-S6);
- Make sure your iPad is fully charged;
- Make sure you know how to use Showbie or Teams and if you have any questions, e mail your Year Head or visit our Genius Bar any day between 8.45am – 8.55am – this will begin wb 18/01 (more information will follow about this);
- Complete the work that is issued to you to the best of your ability – throughout the week, you will be able to interact with your teacher – possibly through a live lesson or through the chat function or e mail – and you will also be given work to complete – away from your iPad. You should engage with all learning opportunities;
- Use the feedback you are given to improve your work. If you do not understand anything, ask your teacher;
- You can still study and support your learning – please see the study skills ppt on your class team (files section).



Full lockdown

Shawlands Academy: Reconnection, Recovery and Resilience - Pupils

You can contact your Year Head

gw10sincalircatheri2@glow.ea.glasgow.sch.uk
gw18cutlercarol@glow.ea.glasgow.sch.uk
gw07bartonbeverly@glow.ea.glasgow.sch.uk
gw10macbridedonald@glow.ea.glasgow.sch.uk
gw10mccauleyjan@glow.ea.glasgow.sch.uk

Pupil Support – Pastoral Care, Support for Learning and EAL

gw07smithrhona3@glow.ea.glasgow.sch.uk
gw10rodgerkirsty@glow.ea.glasgow.sch.uk
gw12alexanderscott2@glow.ea.glasgow.sch.uk
gw10wardenalison@glow.ea.glasgow.sch.uk
gw10gemmellalison@glow.ea.glasgow.sch.uk
gw15blairgardnervict@glow.ea.glasgow.sch.uk
gw15ogdenrosemariegr@glow.ea.glasgow.sch.uk

**Skills Development Scotland
(Careers):**

Karen.Putman@sds.co.uk

MCR Pathways:

Aimie.Bowman2@glasgow.gov.uk

To help with you Mental Health

Breathing Space -0800838587
CALM 0800 58 58 58
SHOUT TEXT SHOUT 85258
www.youngminds.org.uk
www.mentalhealth.org.uk
Suicide Prevention 0808 8010677
Eating Disorder – 0808 801 0677

**Young Carers: 0141 353 6504
Barnardo's: 0131 446 7001**

Childline 08001111

**Domestic Abuse Help:
08000271234 or email
helpline@sdaafmh.org.uk**



People you can talk to ...