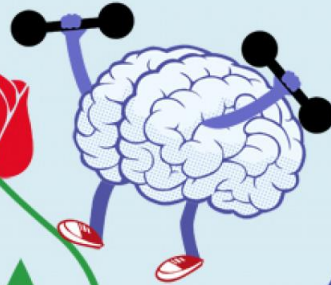


# THE BENEFITS OF READING BOOKS

„A book is like a garden carried in the pocket.”  
(Chinese Proverb)

exercises your brain



**i** provides knowledge and information

books are a good topic of conversation

reduces stress, puts you in a better mood



better writing skills



great and free entertainment



improves concentration and focus

enriches the language and vocabulary

correlation  
ambivalence  
Katha  
confabulation  
hermeneutics  
isalliance  
decadence  
confused  
procrastination  
turtledove



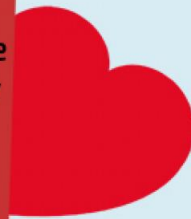
develops creativity

books pose questions to stimulate further reflection



good for memory

books are a window to the world



increases your ability to empathize with others

introduces to the unknown fantasy world

designed by: gosiarysuje.pl

Reading doesn't have to be a chore and it doesn't only have to happen in the classroom. Like films, TV, music, gaming...there is something for EVERYONE. Countless genres exist. Fantasy. Manga.

Action/Adventure. Comedy. Sports. There are so many benefits to enjoying the magic of reading in your own time.

That is why we have put together some links & resources to help you get started on your very own reading journey. This is something you can do alone, with friends and/or family, in your house, outside, on the bus – ANYWHERE, and ANYTIME.

Peruse at your own leisure but don't forget to tell your teachers how you are getting on. We want to share!

## BOOKS

2022 Recommendations: <https://www.readbrightly.com/young-adult-books-2022/>

- The Most Anticipated YA (Young Adult) Books of 2022
- From rom-coms and thrillers to horror novels and fantasy, there's something for every YA reader to look forward to. Here are the 19 most anticipated young adult books to watch for in the new year.

Libby (Online Library): <https://www.overdrive.com/apps/libby>

- Libby is an app available on your iPad which gives you access to an online library.
- Not only do you have our wonderful school library, but masses of choices (filtered to suit your preferences) online as well.
- Simply create your account using your school library card details.
- Your English Teacher/our Librarian can help you with this if you are unsure how it works.

Instagram: <https://www.penguin.co.uk/articles/2021/best-instagram-accounts-books-reading.html>

- Combine social media with reading
- You don't need to give up your phone completely!
- Follow some of these amazing accounts to get recommendations
- Beautiful pictures of books posted with descriptions of them to tell you more
- Fill your feed with literary inspiration and make literature a part of your daily life

Twitter: <https://www.penguin.co.uk/articles/2020/jan/twitter-for-book-lovers-in-2020.html>

- Same goes for Twitter!
- If this is your preferred social media platform, the same message applies.
- Get reading and get tweeting.

## NEWS

<https://www.bbc.co.uk/news>

- Keep up to date with National & Global news stories online
- Familiarise yourself with the big topics of conversation at the moment
- Practice your close reading skills as a skilled media consumer

<https://www.voicesofyouth.org/blog>

- We all have a voice, and we can use that voice to speak out in the face of injustice, to show others they are not alone, to inspire action.
- Together our voices are stronger. Together we can build a better world.

- If you're between the ages of 13 and 24 we invite you to use the power of the written word, photography or video to tell the world about the issues that you care about the most.

## **MOVIES**

<https://editorial.rottentomatoes.com/article/most-anticipated-movies-of-2022/>

WE'VE GOT TONS TO LOOK FORWARD TO, FROM THE BATMAN AND THOR: LOVE AND THUNDER TO SCREAM, JURASSIC WORLD DOMINION, AND HOCUS POCUS 2.

<https://www.youtube.com/channel/UCCqEeDAUf4Mg0GgEN658tkA>

Interested in film reviews? Or even blogging yourself? Check out this YouTube channel.