

ROYSTON NURSERY SCHOOL

HEALTH AND WELL BEING

RATIONALE

Standard 3.5 Health and Well Being

Children have the opportunity to sleep or rest and have regular access to fresh air and energetic physical play.

Performance Indicator: Coherence of Care and Education

4.2.2 Pace and Balance of the Day - Range of Experiences and Activities.

Programmes including those for full time children are carefully balanced. Particular attention is given to ensuring that children have regular opportunities to be energetic and active. Children attending for a full day have regular opportunities to rest and restore energy. Children have access to a well balanced and healthy diet.

In addition, children who attend on a full day basis have access to home like facilities and activities at the beginning and end of each day.

Guidelines

- Staff plan to ensure that the long term plan addresses each feature of learning at least twice per year.
- The short term plan is carefully balanced to cover a wide range of features in the course of each plan. Staff ensure that the daily programme takes account of the needs of full time children.
- Staff ensure children have regular opportunities for energetic activity both indoors and outdoors (because of shared facilities these are timetabled)
- Opportunities are provided for full time children to rest and restore energy and quiet areas are provided for this.
- The dietary needs of all children are taken into account.

Coherence of Care and Education:

PI4.2.2 Range of Experiences and Activities

Children who attend on a full time basis have access to home like facilities and activities at the beginning and end of each day.

- Staff ensure that planned activities and routines are not imposed early morning or late afternoon.
- Staff ensure that full time children can access home like activities at these times.
- Staffs' individual plans include special events for the end of each session.

Standard 3 (Health and Well Being)

- 6 Each child or young person will be nurtured by staff who will promote his or her general well being, health, nutrition and safety. You can be confident that the service has a clear policy and guidelines on the use, storage and administration of medication and that staff are suitably trained to carry these out. The service makes sure that written consent is given by parents and carers for the use or administration of medication provided by them.
- 7 You can be confident that the service has a clear policy on how to deal with emergencies and staff are well trained in emergency procedures.

Coherence of Care and Education PI 4.2 7.2

RATIONALE

Health and Safety at Work Act 1974 contains guidelines followed GCC Master Safety File 19

7.2 Appropriateness and range of aims and policies.

Effectiveness of the procedures for formulating policies.

Guidelines:

Staff follow guidelines contained in :

Health and Safety at Work etc Act 1974 GCC Master Safety File/29

Procedures for Administration of Medicine (see policy)

- The nursery's aims and policies reflect national and local authority advice. These are comprehensive and focus on children's development and learning, play and children's safety and well being. The aims are used to support planning for improvement.
- Staff are involved in the development of policies.
- Staff are familiar with and implement local and national guidelines.
- Policies cover Health & Safety issues and guidance on meeting individual children's needs.