

Our Nurture Group Principles

1. Children's learning is understood developmentally.

Planned activities within the nurture group reflect the developmental stage of each child in the group. Nurture staff meet regularly with class teachers to discuss children's learning, emotional needs and their progress.

2. The classroom offers a safe base.

The nurture room provides a bridge between home and school. It is a warm and friendly environment where children feel emotionally secure and safe.

3. The importance of nurture for the development of wellbeing.

With a growing self-esteem, children will be more able to face the challenges of everyday life, to solve problems and to tackle new experiences. They will develop resilience which they can use when faced with challenging situations.

4. Language is a vital means of communication.

Great attention is paid to the use of language with high levels of child/adult interactions, everything is explained and explored.

5. All behaviour is communication.

The children learn acceptable ways of communicating their likes, dislikes and feelings. There is an emphasis on achieving targets within a supportive environment.

6. The importance of transition in children's lives.

Managing transitions is a key feature of our Nurture Group, preparing the children for day-to-day events and changes to the usual routines.

Nurture Groups

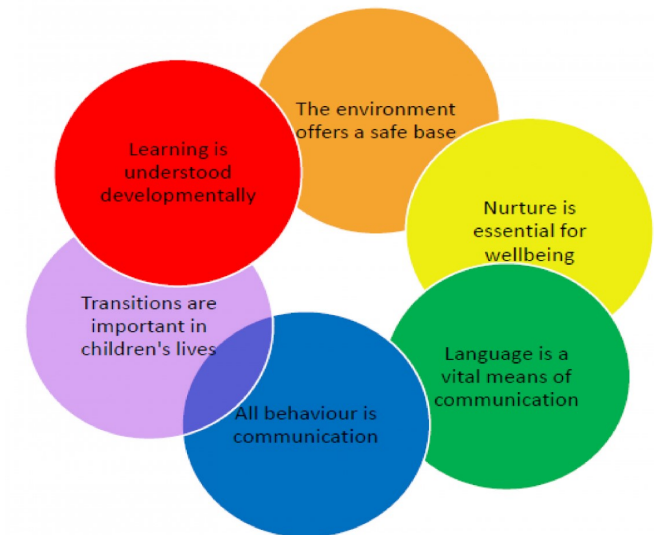
Nurture groups are small classes of four to six pupils who spend the morning within the Star Room but remain part of their class group. The Star Room works with children who need extra support to help them meet the demands of being at school, improving self-esteem and self-confidence. Children are identified for the group through discussion with their class teacher and by observing their social interactions with friends in the classroom and playground. These help us set the targets for each child. Children's progress is regularly reviewed by Star Room staff and class teachers in co-operation with their families. Children can be integrated back into their class group when they have achieved their nurture targets.

Family Fridays

A family group is held on Fridays from 2.00 - 3.00. This group supports families by providing the opportunity to discuss their encouragements and concerns with nurture staff. After this there is an opportunity to spend quality time with the children in the Star Room. Tea, coffee and cake are provided for our families!



The Star Room Quarry Brae Primary School Nurture Class



The Star Room

Our Nurture Room

Our Nurture Room has the following areas:

A kitchen/dining area with an oven and hob where we have breakfast and a snack daily, and occasionally bake.

A feelings corner and reading area with a wide variety of books, sofas, emoji cushions, feelings rug and other soft furnishings.



A work area for working on tasks and targets.

Play areas with a sand/water table, role play area with a dressing up rail, construction, games and toys.

A quiet area with cushions and blankets.

In addition, we have access to an outdoor area and treehouse, giving us opportunities to play outside in all weathers. We also have access to the school garden and regularly walk or scoot to the park.

A Nurture Room Session

Each session is planned to meet the individual needs of each child within the group. A range of activities including sensory play, stories, circle time, art activities and some free play are planned. They have an emphasis on health and well-being.

Each child has individual targets which are met through building relationships with the adults and other children within the Star Room.

Each morning we have breakfast together at the table and take turns to set the table, serve and clear up.



Groups supporting older pupils from P4 - P7 are held on Monday and Wednesday afternoons and individual support is also provided.

Nurture Room Staff

The Star Room staff includes a qualified Primary Teacher and a Support for Learning Worker. Both have undertaken a Nurture Group training course and have on-going training. The staff have a wide range of experience working with children. Both staff plan the activities together, taking into consideration the Curriculum for Excellence, the individual needs of the children and the Boxall profiles.



The staff in the Star Room are Mrs Buchanan and Mrs McManus. We are looking forward to working with your child and are excited to welcome new families to join us. Please feel free to contact the school office to arrange an appointment to see us, or to ask for any further information.