

Week Three

"WEEK 3 MENU RUNS WEEKS BEGINNING
30/4, 21/5, 11/6, 27/8, 17/9 AND 8/10"

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------------|---|---|---|---|---|
| Soup | Homemade Soup Selection of Bread | Homemade Soup Selection of Bread | Homemade Soup Selection of Bread | Homemade Soup Selection of Bread | Homemade Soup Selection of Bread |
| Choice 1 | Macaroni Cheese Garlic & Herb Bread | Chicken Curry with Rice | Mince Pie with Potatoes | Meatballs in Tomato Sauce with Pasta | Italian Mince Garlic & Herb Bread |
| Choice 2 | Baked Beans on Toast | Cheese & Tomato Pizza Spiced or Plain Diced Potatoes | Tuna Pasta Salad | Fish Fingers Oven Chips or Potatoes | Hot Dog & Onions Herb or Plain Potato Wedges |
| Choice 3 Deli | Sandwich or Baked Potato with Filling of the Day | Sandwich or Baked Potato with Filling of the Day | Sandwich or Baked Potato with Filling of the Day | Sandwich or Baked Potato with Filling of the Day | Sandwich or Baked Potato with Filling of the Day |
| Vegetables | Broccoli Side Salad Fresh Vegetable Bag | Spiced Onion Salad Side Salad Fresh Vegetable Bag | Carrots Side Salad Fresh Vegetable Bag | Peas & Sweetcorn Side Salad Fresh Vegetable Bag | Mixed Vegetables Side Salad Fresh Vegetable Bag |
| Dessert | Yoghurt Selection of Fruit | Yoghurt Selection of Fruit | Yoghurt Selection of Fruit | Yoghurt Selection of Fruit | Yoghurt Selection of Fruit |
| Drinks | Plain Semi- Skimmed Milk Refresh Water | Plain Semi- Skimmed Milk Refresh Water | Plain Semi- Skimmed Milk Refresh Water | Plain Semi- Skimmed Milk Refresh Water | Plain Semi- Skimmed Milk Refresh Water |



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Introducing Broccoli Bill



"HELLO KIDS
I'M BROCCOLI
BILL, HERE TO
HELP YOU MAKE
GOOD FOOD
CHOICES!"



**The new Spring/Summer
Menu starts 16 April 2018**

BROCCOLI BILL WAS THE WINNING ENTRY OF THE FUEL ZONE MASCOT COMPETITION DESIGNED BY RUARDH MCKENZIE OF CLYDE PRIMARY SCHOOL.

Week One

"WEEK 1 MENU RUNS WEEKS BEGINNING
16/4, 7/5, 28/5, 18/6, 13/8, 3/9 AND 24/9"

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------------|---|---|---|--|---|
| Soup | Homemade Soup Selection of Bread | Homemade Soup Selection of Bread | Homemade Soup Selection of Bread | Homemade Soup Selection of Bread | Homemade Soup Selection of Bread |
| Choice 1 | Lasagne Garlic & Herb Bread | Sausages in Gravy with Potatoes | Roast Chicken Yorkshire Pudding with Potatoes | Savoury Mince with Potatoes | Chicken Casserole with Potatoes |
| Choice 2 | Chicken Burger in a Bun Spiced or Plain Diced Potatoes | Chicken & Rice with Crusty Bread | Baked Beans on Toast | Cheese & Tomato Pizza Herb or Plain Potato Wedges | Fish Fingers Oven Chips or Potatoes |
| Choice 3 Deli | Sandwich or Baked Potato with Filling of the Day | Sandwich or Baked Potato with Filling of the Day | Sandwich or Baked Potato with Filling of the Day | Sandwich or Baked Potato with Filling of the Day | Sandwich or Baked Potato with Filling of the Day |
| Vegetables | Sweetcorn Side Salad Fresh Vegetable Bag | Baked Beans Side Salad Fresh Vegetable Bag | Turnip Side Salad Fresh Vegetable Bag | Cabbage Side Salad Fresh Vegetable Bag | Green Beans Side Salad Fresh Vegetable Bag |
| Dessert | Yoghurt Selection of Fruit | Yoghurt Selection of Fruit | Yoghurt Selection of Fruit | Yoghurt Selection of Fruit | Yoghurt Selection of Fruit |
| Drinks | Plain Semi- Skimmed Milk Refresh Water | Plain Semi- Skimmed Milk Refresh Water | Plain Semi- Skimmed Milk Refresh Water | Plain Semi- Skimmed Milk Refresh Water | Plain Semi- Skimmed Milk Refresh Water |

Week Two

"WEEK 2 MENU RUNS WEEKS BEGINNING
23/4, 14/5, 4/6, 25/6, 20/8, 10/9 AND 1/10"

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------------|---|---|---|--|--|
| Soup | Homemade Soup Selection of Bread | Homemade Soup Selection of Bread | Homemade Soup Selection of Bread | Homemade Soup Selection of Bread | Homemade Soup Selection of Bread |
| Choice 1 | Belmont Pie with Potatoes | Macaroni Cheese Garlic & Herb Bread | Chicken Curry with Rice | Roast Sirloin of Beef & Yorkshire Pudding Roast Potatoes | Breaded Fish with Potatoes |
| Choice 2 | Cheese & Tomato Pizza with Pasta | Beef Burger in Gravy with Potatoes | Baked Beans on Toast | Sweet Chilli Chicken Breast in a Bun Herb or Plain Potato Wedges | Tandoori or Plain Chicken Chunks Salad Wrap Herb or Plain Diced Potatoes |
| Choice 3 Deli | Sandwich or Baked Potato with Filling of the Day | Sandwich or Baked Potato with Filling of the Day | Sandwich or Baked Potato with Filling of the Day | Sandwich or Baked Potato with Filling of the Day | Sandwich or Baked Potato with Filling of the Day |
| Vegetables | Vegetable Medley Side Salad Fresh Vegetable Bag | Cauliflower Side Salad Fresh Vegetable Bag | Tomato & Onion Salad Side Salad Fresh Vegetable Bag | Broccoli Side Salad Fresh Vegetable Bag | Garden Peas Side Salad Fresh Vegetable Bag |
| Dessert | Yoghurt Selection of Fruit | Yoghurt Selection of Fruit | Yoghurt Selection of Fruit | Yoghurt Selection of Fruit | Yoghurt Selection of Fruit |
| Drinks | Plain Semi- Skimmed Milk Refresh Water | Plain Semi- Skimmed Milk Refresh Water | Plain Semi- Skimmed Milk Refresh Water | Plain Semi- Skimmed Milk Refresh Water | Plain Semi- Skimmed Milk Refresh Water |



"YUM!"

cordia
DELIVERING FOR GLASGOW

"SELECT A MAIN MEAL, DRINK AND DESSERT, CHOOSE AS
MUCH FRUIT AND VEG, SOUP AND BREAD AS YOU LIKE!"

