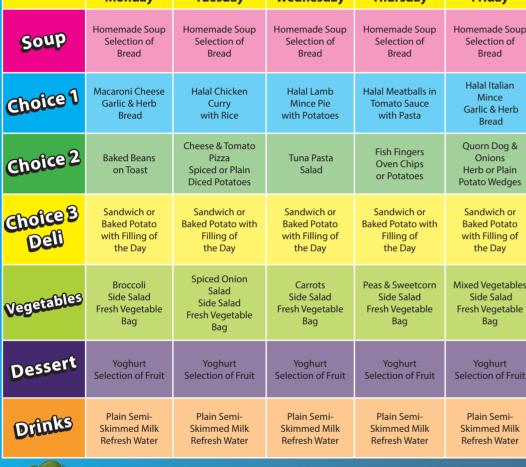
Week Three

"WEEK 3 MENU RUNS WEEKS BEGINNING 30/4, 21/5, 11/6, 27/8, 17/9 AND 8/10"

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	Monday	Tuesday	Wednesday	Thursday	Friday	
Soup	Homemade Soup Selection of Bread	Homemade Soup Selection of Bread	Homemade Soup Selection of Bread	Homemade Soup Selection of Bread	Homemade Soup Selection of Bread	
Choice 1	Macaroni Cheese Garlic & Herb Bread	Halal Chicken Curry with Rice	Halal Lamb Mince Pie with Potatoes	Halal Meatballs in Tomato Sauce with Pasta	Halal Italian Mince Garlic & Herb Bread	
Choice 2	Baked Beans on Toast	Cheese & Tomato Pizza Spiced or Plain Diced Potatoes	Tuna Pasta Salad	Fish Fingers Oven Chips or Potatoes	Quorn Dog & Onions Herb or Plain Potato Wedges	
Choice 3 Deli	Sandwich or Baked Potato with Filling of the Day	Sandwich or Baked Potato with Filling of the Day	Sandwich or Baked Potato with Filling of the Day	Sandwich or Baked Potato with Filling of the Day	Sandwich or Baked Potato with Filling of the Day	
Vegetables	Broccoli Side Salad Fresh Vegetable Bag	Spiced Onion Salad Side Salad Fresh Vegetable Bag	Carrots Side Salad Fresh Vegetable Bag	Peas & Sweetcorn Side Salad Fresh Vegetable Bag	Mixed Vegetables Side Salad Fresh Vegetable Bag	
Dessert	Yoghurt Selection of Fruit	Yoghurt Selection of Fruit	Yoghurt Selection of Fruit	Yoghurt Selection of Fruit	Yoghurt Selection of Fruit	
Drinks	Plain Semi- Skimmed Milk Refresh Water	Plain Semi- Skimmed Milk Refresh Water	Plain Semi- Skimmed Milk Refresh Water	Plain Semi- Skimmed Milk Refresh Water	Plain Semi- Skimmed Milk Refresh Water	



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TWEET US



Week One

"WEEK 1 MENU RUNS WEEKS BEGINNING 16/4, 7/5, 28/5, 18/6, 13/8, 3/9 AND 24/9"

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Homemade Soup	Homemade Soup	Homemade Soup	Homemade Soup	Homemade Soup
	Selection of	Selection of	Selection of	Selection of	Selection of
	Bread	Bread	Bread	Bread	Bread
Choice 1	Halal Lamb Lasagne Garlic & Herb Bread	Quorn Sausages in Gravy with Potatoes	Halal Roast Chicken Yorkshire Pudding with Potatoes	Halal Savoury Mince with Potatoes	Halal Chicken Casserole with Potatoes
Choice 2	Keema Burger in a Bun Spiced or Plain Diced Potatoes	Halal Chicken & Rice with Crusty Bread	Baked Beans on Toast	Cheese & Tomato Pizza Herb or Plain Potato Wedges	Fish Fingers Oven Chips or Potatoes
Choice 3 Deli	Sandwich or Baked Potato with Filling of the Day	Sandwich or Baked Potato with Filling of the Day	Sandwich or Baked Potato with Filling of the Day	Sandwich or Baked Potato with Filling of the Day	Sandwich or Baked Potato with Filling of the Day
Vegetables	Sweetcorn	Baked Beans	Turnip	Cabbage	Green Beans
	Side Salad	Side Salad	Side Salad	Side Salad	Side Salad
	Fresh Vegetable	Fresh Vegetable	Fresh Vegetable	Fresh Vegetable	Fresh Vegetable
	Bag	Bag	Bag	Bag	Bag
Dessert	Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt
	Selection of Fruit	Selection of Fruit	Selection of Fruit	Selection of Fruit	Selection of Fruit
Drinks	Plain Semi-	Plain Semi-	Plain Semi-	Plain Semi-	Plain Semi-
	Skimmed Milk	Skimmed Milk	Skimmed Milk	Skimmed Milk	Skimmed Milk
	Refresh Water	Refresh Water	Refresh Water	Refresh Water	Refresh Water

Week Two

"WEEK 2 MENU RUNS WEEKS BEGINNING 23/4, 14/5, 4/6, 25/6, 20/8, 10/9 AND 1/10"

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Homemade Soup Selection of Bread	Homemade Soup Selection of Bread	Homemade Soup Selection of Bread	Homemade Soup Selection of Bread	Homemade Soup Selection of Bread
Choice 1	Halal Lamb Belmont Pie with Potatoes	Macaroni Cheese Garlic & Herb Bread	Halal Chicken Curry with Rice	Fish Cake with Roast Potatoes	Breaded Fish with Potatoes
Choice 2	Cheese & Tomato Pizza with Pasta	Keema Burger in Gravy with Potatoes	Baked Beans on Toast	Halal Sweet Chilli Chicken in a Bun Herb or Plain Potato Wedges	Quorn Goujon Salad Wrap Herb or Plain Diced Potatoes
Choice 3 Deli	Sandwich or Baked Potato with Filling of the Day	Sandwich or Baked Potato with Filling of the Day	Sandwich or Baked Potato with Filling of the Day	Sandwich or Baked Potato with Filling of the Day	Sandwich or Baked Potato with Filling of the Day
Vegetables	Vegetable Medley Side Salad Fresh Vegetable Bag	Cauliflower Side Salad Fresh Vegetable Bag	Tomato & Onion Salad Side Salad Fresh Vegetable Bag	Broccoli Side Salad Fresh Vegetable Bag	Garden Peas Side Salad Fresh Vegetable Bag
Dessert	Yoghurt Selection of Fruit	Yoghurt Selection of Fruit	Yoghurt Selection of Fruit	Yoghurt Selection of Fruit	Yoghurt Selection of Fruit
Drinks	Plain Semi- Skimmed Milk Refresh Water	Plain Semi- Skimmed Milk Refresh Water	Plain Semi- Skimmed Milk Refresh Water	Plain Semi- Skimmed Milk Refresh Water	Plain Semi- Skimmed Milk Refresh Water





"SELECT A MAIN MEAL, DRINK AND DESSERT, CHOOSE AS MUCH FRUIT AND VEG, SOUP AND BREAD AS YOU LIKE!"

