



Physical Education Physical Activity School Sport

together inspiring success

PEPASS PRIMARY SWIM PROGRAMME 2024 / 2025

Glasgow City Council continues to provide swimming to all primary schools delivering lessons to approximately 6000 young people per year in Primaries 5, 6, or 7 to develop Health and Wellbeing through swimming. Our in-depth Physical Education swimming course provides an invaluable experience and gives young people the opportunity to develop their:



WATER CONFIDENCE DEVELOPING CONFIDENCE AND SELF

ESTEEM



STROKE TECHNIQUE

DEVELOPING MOTOR-SKILLS, CO-ORDINATION AND FLUENCY



PHYSICAL FITNESS

DEVELOPING STAMINA, **CORE STABILITY, AND STRENGTH**





WATER SAFETY

DEVELOPING THE UNDERSTANDING THAT SWIMMING IS A LIFE-LONG SKILL





3,096 (52%) **Non-Swimmers**



2,853 (48%) **Swimmers**







1108 (18%) **Non-Swimmers**



4848 (81%) **Swimmers**

All pupils improving their water confidence @PEPASSswimteam



3M Swim 1467 (30%)



10M Swim 15M Swim 972 (20%)



206 (4%)



25M Swim 2265 (46%)