



PEPASS PRIMARY SWIM PROGRAMME 2023 / 2024

Glasgow City Council continues to provide swimming to all primary schools delivering lessons to approximately 6000 young people per year in Primaries 5, 6, or 7 to develop Health and Wellbeing through swimming. Our in-depth Physical Education swimming course provides an invaluable experience and gives young people the opportunity to develop their:



WATER CONFIDENCE
DEVELOPING
CONFIDENCE AND SELF
ESTEEM



STROKE TECHNIQUE
DEVELOPING MOTOR-
SKILLS, CO-ORDINATION
AND FLUENCY



PHYSICAL FITNESS
DEVELOPING STAMINA,
CORE STABILITY, AND
STRENGTH



WATER SAFETY
DEVELOPING THE
UNDERSTANDING THAT
SWIMMING IS A LIFE-
LONG SKILL



Week 1



2767 (50%)
Non-Swimmers



2783 (50%)
Swimmers

Week 10



794 (14%)
Non-Swimmers



4756 (86%)
Swimmers

All pupils improving their
water confidence



3M Swim
1139 (21%)



10M Swim
1237 (22%)



25M Swim
2353 (42%)