



Physical Education Physical Activity School Sport

together inspiring success

PEPASS PRIMARY SWIM PROGRAMME 2022 / 2023

Glasgow City Council continues to provide swimming to all primary schools delivering lessons to approximately 6000 young people per year in Primaries 5, 6, or 7 to develop Health and Wellbeing through swimming. Our in-depth Physical Education swimming course provides an invaluable experience and gives young people the opportunity to develop their:



WATER CONFIDENCE DEVELOPING CONFIDENCE AND SELF ESTEEM



PHYSICAL FITNESS
DEVELOPING STAMINA,
CORE STABILITY, AND
STRENGTH





STROKE TECHNIQUE DEVELOPING MOTORSKILLS, CO-ORDINATION AND FLUENCY



WATER SAFETY
DEVELOPING THE
UNDERSTANDING THAT
SWIMMING IS A LIFELONG SKILL







2982 (49%) Swimmers







4966 (82%)
Swimmers

All pupils improving their water confidence





