

The Gruffalo Extension card for Literacy: Based on the book by Julia Donaldson & Axel Scheffler

I am learning to move my body well, exploring how to manage and control it and finding out how to use and share space. **HWB 0-21a**

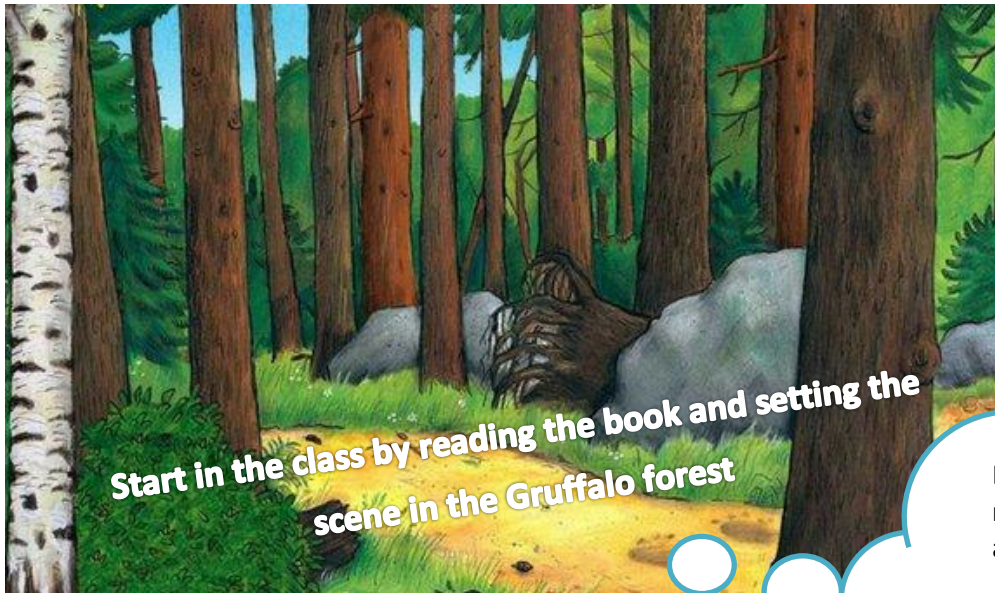
I am developing my movement skills through practice and energetic play **HWB 0-22a**

Suggested Learning Intentions

We are learning to move about the apparatus imaginatively and safely

Suggested Success Criteria

I can use the actions of jumping, rolling, balancing, weight on hands, swinging and climbing to travel about the floor and apparatus safely, while sharing with others and taking turns



A mouse took a stroll through a deep dark wood
A fox saw the mouse and the mouse looked good
“Where are you going to, little brown mouse?
Come and have lunch in my underground house.”

Lay out gym equipment randomly to create a forest, use a selection of E.g.

- Skittles / canes
- Benches & Box tops
- Low Gym Tables
- Hurdles
- Vinyl dots & lines

Find a variety of pathways **AROUND** the forest floor. How would the mouse move in and around the forest floor?

Descriptive words that describe how the mouse might move:
E.g. Scurry, quiet, light, fast, dart.

Shout **FOX!** Freeze **BEHIND** something.



1



Continue with the story
“Roasted fox! I’m off”

Use equipment to explore how the fox might travel on all four’s (hands and feet)

Encourage children to take weight on hands when moving across appropriate equipment; this should develop changes of direction and different pathways

2

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On went the mouse through the deep dark wood.

An owl saw the mouse and the mouse looked good

“Where are you going to, little brown mouse?”

Come and have tea in my treetop house.”

3

Like the owl, travel through the ‘forest’ finding ways to make you fly higher jump **ON** jump **OVER** and jump **OFF**; how can you fly higher?

Can you use your arms to lift higher? Can you land softly like the owl, swooping gently to the ground so that the mouse can’t hear you?



4

Like the snake, move around the ‘forest’ finding places where you can **slide; slither; slip; slink**.

Think about how a snake would move:

Can you slide **UNDER**?

Can you slither **OVER**?

Can you Slip **BETWEEN**?

Which parts of your body can you slide on?



On went the mouse through the deep dark wood.

A snake saw the mouse and the mouse looked good

“Where are you going to, little brown mouse?”

Come for a feast in my logpile house.”

Use this opportunity to introduce ways of jumping and landing: **2 feet** or **1 foot**

Safe landing: head and shoulders up look ahead arms forward, knees bent to absorb the action



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5

But who is this creature with terrible
claws?

And terrible teeth and terrible
jaws?

He had knobby knees and turned out
toes

And, a poisonous wart at the end of his
nose.

His eyes are orange, his tongue is
black;

He has purple prickles all over his
back.

6

Find a partner, one is the leader and the other has
to follow.

The leader has to move around the forest 'looking'
for all the other animals. Take your partner **under,**
over, between, on, over and **off.**

Don't forget
take your partner everywhere and
stay **safe.**

Health and Wellbeing and Literacy

I am learning to assess and
manage risk, to protect myself
and others, and to reduce the
potential for harm when
possible **HWB 0-16a**

I enjoy exploring events and
characters in stories and other
texts, sharing my thoughts in
different ways. **LIT 0-01c**

How would our Gruffalo be walking
around the 'forest'? What words would
describe the way he would move? Let's
try to move in the same way.....

Big

Clumsy

Heavy

Slow

Strong



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Task card
Around, Behind
Scurry, quiet,
light, fast, dart.



Task card
Use **hands & feet**
to move across
equipment



Now divide the gym equipment 'forest' into different areas for each character. Group the gym equipment together to encourage the type of movement desired.

'Can you remember what kind of movements our characters used to travel in the forest?'

There are some cards at each station to help you, make sure that you are careful and stay safe.

Task card
Under, Over, Between
Slide slither; slip;
slink.



Task card
On, Over, Off
High
Safe Landing



Task Card
Big, Clumsy, Strong, Slow,

