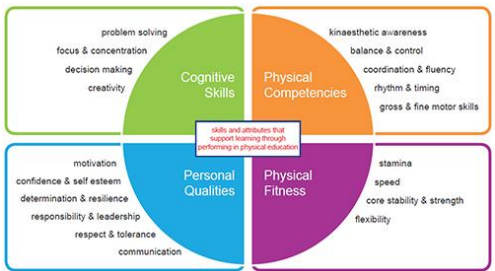




School:

Classes:

Dates: *see content*

Experiences & Outcomes				
Movement skills, competencies and concepts		Cooperation and competition	Evaluating and appreciating	
I am developing ways that I can link actions and skills to create movement patterns and sequences. This has motivated me to practise and improve my skills to develop control and flow. HWB 1-21a		I am developing skills and techniques and improving my level of performance. HWB 1-22a	I can follow and understand rules and procedures, developing my ability to achieve personal goals. I recognise and can adopt different roles in a range of practical activities. HWB 1-23a	
<p>Significant Aspects of Learning</p>  <p>Cognitive Skills Problem Solving Focus & Concentration Decision Making Creativity</p> <p>Personal Qualities Motivation Confidence & Self-esteem Determination & Resilience Responsibility & Leadership Respect & Tolerance</p>		<p>Benchmark statements</p> <p>Cognitive Skills – Problem Solving: *Demonstrates adaptability when finding different solutions to solve problems.</p> <p>Cognitive Skills – Focus & Concentration: *Focuses attention in more demanding situations e.g. working with a partner or in a small group.</p> <p>Personal Qualities - Confidence and Self- esteem: *Has a positive awareness of self as physical competencies improve. *Discusses learning and identifies strengths and next steps. *Responds and contributes to self and peer assessment with respect. *Celebrates, values and uses achievements as part of improving performance.</p> <p>Personal Qualities - Determination & Resilience: *Is learning how to be a good winner and cope appropriately with losing. *Demonstrates persistence when facing a challenge and works to achieve a successful outcome. *Recognises a variety of emotions and is developing the</p>	<p>Content (open to change)</p> <p>Block 1 Wednesday 28th Aug– Games; Hands 2 & 3 Wednesday 4th Sep – Games; Feet 1 & 2 Wednesday 11th Sep – Games; Implements 1 Block 2 Wednesday 25th Sep– Warm Up Games; Spiders Web/Crusts and Crumbs Wednesday 2nd Oct – Maths Week Wednesday 9th Oct – Gymnastics; Travelling & Rolling</p>	<p>IDL link (where appropriate)</p> <p>I can continue and devise more involved repeating patterns or designs, using a variety of media. MTH 1-13a</p> <p>I make full use of and value the opportunities I am given to improve and manage my learning and, in turn, I can help to encourage learning and confidence in others. HWB 0-11a / HWB 1-11a / HWB 2-11a / HWB 3-11a / HWB 4-11a</p> <p>I recognise that each individual has a unique blend of abilities and needs. I contribute to making my school community one which values individuals</p>



PEPASS

Physical Education
Physical Activity
School Sport

together inspiring success

<p>Communication</p> <p>Physical Competencies Kinaesthetic Awareness Balance & Control Coordination & Fluency Rhythm & Timing Gross & Fine Motor Skills</p> <p>Physical Fitness Stamina Speed Core Stability & Strength Flexibility</p>	<p>ability to manage them appropriately.</p> <p>Physical Competencies - Gross & Fine Motor Skills: *Performs movement skills in simple activities e.g. skipping. *Performs movement skills in sequence e.g. jump from bench and cushion the landing whilst staying in balance. *Demonstrates eye/hand and eye/foot co-ordination required for movement skills e.g. track the flight of the ball with eyes, then catch the ball.</p>		<p>equally and is a welcoming place for all. HWB 0 -10a / HWB 1 -10a / HWB 2 -10a / HWB 3 -10a / HWB 4 -10a</p>
--	--	--	---