

First Level Connections Planning Sheet



PEPASS

Physical Education
Physical Activity
School Sport

together inspiring success

Class: Teacher: Date:

Experience & Outcome	Learning Intentions Suggested	Success Criteria Suggested	Learner Experience Net Games	Assessment Say, write, make & do	Evaluation
<p>Movement Skills & competences I am discovering ways that I can link actions and skills to create movement patterns.</p> <p>This has motivated me to practice and improve my skills to develop control and flow.</p> <p style="text-align: right;">HWB1-21a</p>	<p>To respond and move in a variety of ways</p> <p>To link skills effectively</p> <p>To perform basic movement patterns intrinsic to the game</p> <p>Recognise and adopt different roles in a selection of games</p> <p>Demonstrate good sportsmanship</p> <p>Understand, apply and follow rules as applicable to the game</p> <p>Work with others to achieve personal goals</p>	<p>Perform individually and with a partner</p> <p>Work cooperatively with partners and small groups</p> <p>Move appropriately with control to send and/or receive a range of shots</p> <p>Track the flight of the ball, recognising appropriate cues.</p> <p>Understand rules and why they are used</p> <p>Accept and respect a variety of roles and relationships</p> <p>Play fairly demonstrating good sportsmanship</p>	<p>Develop & practice skills within:</p> <ul style="list-style-type: none"> ➤ Throw using a variety of balls, as an individual and with others ➤ Aiming within a selection of context; space, partner, target etc. ➤ Catch & throw to a variety of targets including self and partner. Cooperation practices ➤ Use a bat to strike a ball <p>Develop these skills within a competitive situation:</p> <p>Make appropriate decisions which may include –</p> <p>Where to aim, Where to move next,</p> <p>With others be part of games that include throwing, catching and striking a ball</p> <p>Activities from Connections cards: 14, 26, 25, 33, 23.</p> <p>Selection from East Renfrewshire pack</p>	<p>Sharing learning intentions Open Question Thumbs up – no hands Self-assessment Peer assessment 2 stars & wish Share the bigger picture Next steps Task observation Record of improvement</p> <div data-bbox="1467 627 1798 858" style="border: 1px solid black; padding: 5px;"> <ul style="list-style-type: none"> Cognitive Skills: <ul style="list-style-type: none"> • Problem Solving • Focus & Concentration • Decision Making • Creativity Physical Competences: <ul style="list-style-type: none"> • Kinaesthetic Awareness • Balance & Control • Coordination & Fluency • Rhythm & Timing • Gross & Fine Motor Skills Personal Qualities: <ul style="list-style-type: none"> • Motivation • Confidence & Self Esteem • Determination & Resilience • Responsibility & Leadership • Respect & Tolerance • Communication Physical Fitness: <ul style="list-style-type: none"> • Stamina • Speed • Core Stability • Flexibility </div>	
<p>SAL's</p> <p>Coordination & Fluency</p> <p>Communication</p> <p>Focus & Concentration</p> <p>Decision Making</p>				<p>Appropriate Benchmarks</p> <p>Coordination & Fluency Moves with purpose and confidence, demonstrating balance, control and rhythm</p> <p>Communication Demonstrates knowledge and understanding of a range of verbal and non-verbal communication skills and is beginning to apply them when interacting with or presenting to others e.g. uses eye contact, body language and gesture.</p> <p>Focus & Concentration Focuses attention in more demanding situations e.g. Working with a partner or small group</p> <p>Decision Making Takes in and makes sense of two or three pieces of information at the same time, from external and/or internal sources</p>	