

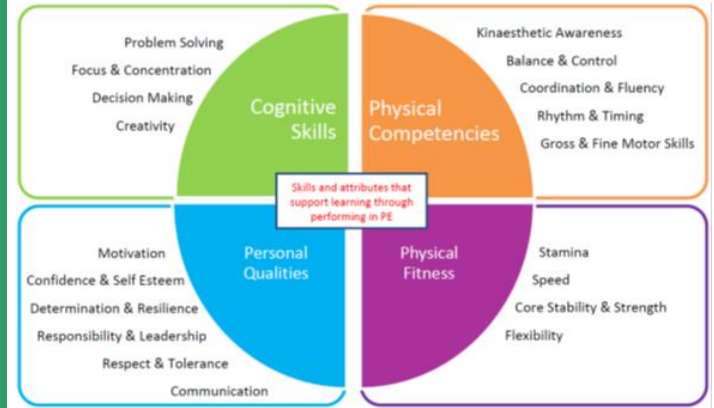


Physical Education, Physical Activity & School Sport



Class: P1	Teacher:	Date: Term 4	Level: Early
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Experience & Outcome	Learning Intentions	Success Criteria (suggested)	Learner Experience	Assessment Say, write, make & do	Suggested Resources
<p>Movement skills, competences & Concepts I am developing my movement skills through practice and energetic play HWB 0-22a</p> <p>Focus for learning • Find ways to share and use space</p> <p>Literacy As I listen and talk in different situations, I am learning to take turns and am developing my awareness of when to talk and when to listen. LIT 0-02a</p>	<ul style="list-style-type: none"> To be able to work with a partner We are learning to use space, share space and move in space 	<p>I Can.....</p> <ul style="list-style-type: none"> Work with a partner giving instructions I can move safely in space I respect others' space I can move with control 	<p>Suggested activities: Recourses from Tri- o Orienteering resource</p> <p>Funny Faces, Slalom Ball, Obstacle Course, First Steps</p> <p>Following direction using a simple map</p> <p>Exercising to improve aerobic endurance</p> <p>Outdoors and indoors</p>	<p>Sharing learning intentions</p> <p>Open Question</p> <p>Thumbs up – no hands</p> <p>Self assessment</p> <p>Peer assessment</p> <p>2 stars & wish</p> <p>Share the bigger picture</p> <p>Next steps</p> <p>Task observation</p> <p>Record of improvement</p>	<p>Paper, pencils, clip boards coloured pencils appropriate activity resources</p> <p>Wellingtons/ Outdoor clothing</p>



Benchmarks

Physical Competencies:

Balance & control

Shows control of personal space and body parts when moving.

gross motor skills

Performs basic components of movement e.g. run, jump, gallop, transfer of weight from one foot to another.

Cognitive Skills:

Focus & concentration

Focuses on task and pays attention to stimuli e.g. instructions from a practitioner

Personal Qualities:

Respect & tolerance

Shares with others and shows consideration during energetic play

Physical Fitness

Stamina

Recognises different body parts required to sustain energetic activity.