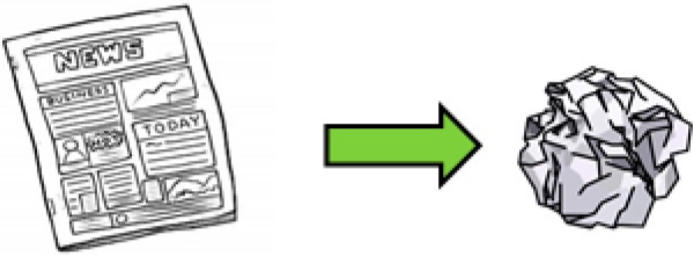


Paper Play

Use an old Glasgow Times or any newspaper

Set up and how to play



- Find a suitable space (clear a space in the living room or outside in the garden)
- Squish the paper into a paper ball
- Throw and catch the paper ball
- Count how many times you can throw and catch without dropping the paper ball

Change and Challenge

- Count your throwing and catching in 2's, 3's, 4's, 9's or any times tables
- Throw your paper ball underarm to a target. E.g. Baskets, bins, pots, bowls, buckets, a basin, anything you can find!
- Use all different sizes of targets
- Put some things near and some further away from your throwing base
- Give your targets a value and get the highest score with 3 throws
- Count down from a total by subtracting your score from the total, try to get down to zero (like a darts game)
- If you have space, use an over arm throw
- Kick the paper ball into the targets
- You can turn the baskets or pots on their side for this
- Dribble the paper ball around the targets before kicking for a score



Don't forget to AIM!

- Look at the target!
- Stretch towards the target with your hand or foot