



The curriculum should include space for learning beyond subject boundaries, so that children and young people can make connections between different areas of learning. Interdisciplinary studies, based upon groupings of experiences and outcomes from within and across curriculum areas, can provide relevant, challenging and enjoyable learning experiences and stimulating contexts to meet the varied needs of children and young people.

### Building the Curriculum 3 (BtC3)

**Cognitive Skills**

Focus & Concentration  
Problem Solving

**Personal Qualities**

Motivation  
Determination & Resilience  
Respect & Tolerance

The PEPASS agenda, and in particular PE, is at the very heart of our Interdisciplinary Learning. However, to support Maths Week Scotland, this IDL tool looks at how learning in Maths & Numeracy can lead to learning in PE - 'give it a go' participation in Physical Education, Physical Activity and School Sport as well stimulating learning in other curricular areas.

**Physical education, physical activity and sport**

- **Movement skills, competencies and concepts HWB -21a/-22a**
- **Cooperation and competition HWB -23a**
- **Evaluation and appreciating HWB -24a**

**Physical Competencies**

Kinaesthetic Awareness  
Coordination & Fluency

**Physical Fitness**

Speed

