The curriculum should include space for learning beyond subject boundaries, so that children and young people can make connections between different areas of learning. Interdisciplinary studies, based upon groupings of experiences and outcomes from within and across curriculum areas, can provide relevant, challenging and enjoyable learning experiences and stimulating contexts to meet the varied needs of children and young people

```
Cognitive Skills
```

Focus \& Concentration Problem Solving

## Personal Qualities

Motivation
Determination \& Resilience
Respect \& Tolerance

## Building the Curriculum 3 (BtC3)

The PEPASS agenda, and in particular PE, is at the very heart of our Interdisciplinary Learning. However, to support Maths Week Scotland, this IDL tool looks at how learning in Maths \& Numeracy can lead to learning in PE - 'give it a go' participation in Physical Education, Physical Activity and School Sport as well stimulating learning in other curricular areas.

## Physical education, physical activity and sport <br> - Movement skills, competencies and concepts HWB -21a/-22a <br> Cooperation and competition HWB -23a <br> - Evaluation and appreciating HWB -24a

```
Physical Competencies
Kinaesthetic Awareness Coordination \& Fluency
```

Physical Fitness
Speed


I have begun to develop a sense of how lon tasks take by measuring the time taken to complete a range of activities using a variety of timers.

| MNU 1-10 | Using simple time periods, I can give a good <br> estimate of how long a journey should take, <br> based on my knowledge of the link between <br> time, speed and distance. <br> MNU 2-10c (3-10a/4-10b) |
| :--- | :--- | based on my knowledge of the link between time, speed and distance. MNU 2-10c (3-10a/4-10b)

I have explored a variety of ways in which data is presented and can ask and answer questions about the information it contains MNU 1-20a

Learning how my body could react to various distances of running e.g. heart rate, muscle tiredness/injuries etc. Learning how training and exercise will help me prepare.
Body systems and cells - SCN 2-12a


