

Active Noughts and Crosses

- Find a suitable space in the living room or garden.
- Set out a noughts and crosses grid by using paper, twigs, rope or any suitable items from around the house.
- This is a two player game, one player is noughts (o) and one player is crosses (x). These pieces could be made during arts and crafts time or find an alternative object (For example toy, cars, teddies, crisps packets).
- When the game starts each player takes turns of placing one item on the grid then return to their start point. The winner is the player who gets three items in a row on the grid first.



Top Tips

- Keep an eye out on where your opponent places their counters
- The faster you run the more counters you can place.

Change and Challenge

- Increase running distance
- Add an exercise in between each item E.g. star jumps, sit up, press ups.
- More than one person can play in each team.
- Add a football or basketball dribble to the run.
- Players could answer a quiz or homework question after placing down each counter

