

## Wriggle Room

Move like a Caterpillar from one end of the room to the other.  
Pretend to be a Caterpillar by moving forward on your belly with hands clasped behind your back.

## Challenge

Time yourself and beat your time.  
Race a family member.

## Adaptations and tips.

Roll a dice and move like other bugs and insects;

- 1 - Caterpillar
- 2 - Grasshopper
- 3- Butterfly
- 4 - Spider
- 5 - Snail
- 6 - Worm

