Physical Education Physical Activity School Sport

together inspiring success

Messy bedrooms

- A game to play with another family member
- Grab a pile of soft toys, paired socks
- Divide the toys, socks equally between you both
- Find a suitable space in the living room or garden.
- Divide the space in two, perhaps with a dressing gown belt, to create your own "bedroom" space.
- Spread your toys / socks around on your "bedroom" floor
- Double check you have the same number.
- On the count of 1,2,3 and for the next 30 secs you can throw your toys from your bedroom into the other bedroom.
- Only ONE toy at a time and only throwing at the floor, not at faces!
- After 30 secs are up then count the number of toys on each of your bedroom floors.
- Whoever has the least number of toys has the tidiest bedroom and is the winner.
- The best of three is overall winner!

Change and Challenge

- Increase the length of time you can "tidy" your bedroom floor
- Make the area of your bedroom floor larger
- Increase the number of toys
- The "loser" has to do a chore around the house!





