

Orienteering Second level



Lesson 1 - Revision of map setting, map to North.

Warm up

1. Revision of Setting map to North, identify features on the map.
2. Walk round features in the gym together, using thumbing and handrails.

Focus - map copying

1. Teacher places 4 master maps round gym – 2 map “A” – 2 Map “B” – 4 different courses.
Course A 1-8, Course B 9-16.
2. Pupils copy from master map onto own map – 4 Groups

Instructions

Score Orienteering Course

1. Each pupil has one map and one control card
2. Teacher gives each child a number between 1 – 8 or 9 – 16, depending on the map the child has copied. This is the control number they must start with.
3. Walk round course following in any order.
4. When course has been completed, sit in the centre of the gym
5. Check answers, swap maps.
6. Complete second course.
7. Pupils collect control cards.

