



Notre Dame Primary School
30 Havelock Street
Glasgow
G11 5JE
Phone 0141 357 0609

Head Teacher
Christina MacDonald

18th August 2025

Dear Parent/Carer,

PE TIMETABLE

As you are aware, PE is a very important and vital part of our curriculum. It helps the children to develop a healthy attitude and positive approach to exercise. ALL children are entitled to 2 hours of physical education per week and will have PE indoors and outdoors. All children will have an private area to change clothing, either in the classroom or the changing rooms.

Like previous years, children who have their PE slot first thing can come to school wearing their gym kit on their PE days and **must** change into their uniform after the session. The following classes have PE first thing:

Monday	P5/6	Tuesday	P3b & P6a
Wednesday	P2b & P4a	Thursday	P1c & P7b
Friday	P2a		

PE Kit consists of:

- White t-shirt/ polo top
- Navy/black shorts (cycling shorts or football type shorts only). Jogging trousers /leggings can be worn for outdoor PE sessions.
- School jumper/cardigan
- Trainers/ plimsole shoes
- Long hair should be tied back

Children should **ONLY** wear items of clothing that are part of the PE Kit and children are expected to adhere to this. Unfortunately, some children continued to wear their own clothes on PE days last year despite numerous efforts to inform parents and carers. Children will be asked to remove items of clothing that are not school uniform or appropriate for school learning. Children will be provided with a spare PE kit to wear for that session.

As PE will be done outdoors children should ensure they have a suitable outdoor jacket.

NO FOOTBALL or inappropriate clothing should be worn!

Please note, due to Health & Safety Regulations **ABSOLUTELY NO JEWELLERY** may be worn, earrings must be removed before gym as they cannot be covered with plasters/tape and staff are not permitted to remove them for children.

Attached to the email is further information and FAQs on the GCC Policy