Toilet Training Guidelines

Parents/carers play the lead role in toilet training. They provide their child with direction, motivation and reinforcement. Staff must work in partnership with parents encouraging the child to become independent and allow the child to master each step at his/her own pace.

Staff should-

* Communicate honestly and considerately with parent/carer.
* Ensure spare clothing and wipes have been brought in for the child.
* Read the toilet routine story with the child to familiarise them with the routine.
* Take the child to the toilet at regular intervals to encourage familiarity and increase the child’s awareness of what the toilet is for.
* Remain with the child at all times.
* Ensure all clothing, wipes, nappy sacks are at hand.
* Any wet/soiled clothing should be double bagged and labelled for return to parent/carer.
* Staff may also use reward charts or stickers as means of positive reinforcement and encouragement if this is used at home, always follow the parents lead.

This routine is flexible and staff should adapt to the individual needs of the child.

Staff should work positively to enhance children’s independence and self-esteem by being genuinely sensitive to their needs and feelings. All care routines offer a high quality experience in Health and Wellbeing.

Toilet training includes, discussing, going, dressing, flushing and hand washing. Remember to reinforce the child’s success at each step.

**Success criteria**

Children will learn to become independent and hygienic toilet users. On their learning journey they will be treated with dignity, safety and respect. Parents/carers will work in partnership with staff to develop a shared approach.

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