



Primary Menu 2022

Starts 18th April

Select a main meal, drink and dessert. Choose as much fruit and veg, soup and bread as you like.

- ✓ All meals include choice of plain semi-skimmed milk and refresh water
- ✓ All options include – yoghurt and fresh fruit for dessert
- ✓ All dishes are served with a choice of seasonal vegetables or side salad

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Choice 1	Quorn Sausage Casserole with Potatoes	Chicken Curry with Rice	Fish Fingers Oven Chips or Potatoes	Beef Steak Pie with Potatoes	Roast Chicken Yorkshire Pudding Potatoes
Choice 2	Cheese & Tomato Pizza Herb or Plain Potato Wedges	Prawn Pasta Marie Rose Salad	Chicken Enchiladas	Tandoori or Plain Chicken Chunks Salad Wrap	Turkey Meatballs Tomato Sauce in a Torpedo Roll
Choice 3 V	Baked Potato Cheese & Coleslaw	Vegetable Curry with Rice	Falafel Salad Flat Bread	Tomato Pasta Garlic & Herb Bread	Cheesy Potato Bake
Choice 4	Baked Potato Cheese & Coleslaw	Beef Burger in a bun Spiced or Plain Potato Wedges	Cheese Sandwich or Roll	Turkey Sandwich or Roll	Tuna Sandwich or Roll

Medical Diet – If you have any dietary requirements please contact the catering manager

We also offer
Homemade soup with a
selection of bread



WEEK 1

WEEKLY CYCLE

(2022) 18/4, 9/5, 30/5,
20/6, 15/8, 5/9,
26/9, 24/10, 14/11,
5/12,

(2023) 2/1, 23/1, 13/2,
6/3, 27/3



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Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Choice 1	Quorn Burger in a Bun Oven Chips or Potatoes	Beef Belmont Pie with Potatoes	Turkey Meatballs in Gravy with Potatoes	Beef Spaghetti Bolognaise Garlic & Herb Bread	Breaded Fish with Potatoes
Choice 2	Cheese & Tomato Pizza with Pasta	Hot Dog Sausage & Onions Herb or Plain Potato Wedges	Chicken Tomato Pasta Garlic & Herb Bread	Chicken Goujon Salad Wrap	Chicken and Rice Crusty Bread
Choice 3 V	Baked Beans on Toast	Quorn Hot Dog & Onions Herb or Plain Potato Wedges	Baked Potato Cheese & Coleslaw	Vegetable Spaghetti Bolognaise Garlic & Herb Bread	Vegetable Quarter Pounder with Potatoes
Choice 4	Baked Beans on Toast	Tuna Sandwich or Roll	Cheese Toastie or Sandwich or Roll	Turkey Sandwich or Roll	Cheese Sandwich or Roll

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WEEK 2

WEEKLY CYCLE

(2022) 25/4, 16/5, 6/6,
22/8, 12/9, 3/10,
31/10, 21/11,
12/12,

(2023) 9/1, 30/1, 20/2,
13/3



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Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Choice 1	Macaroni Cheese Garlic & Herb Bread	Beef Lasagne Garlic & Herb Bread	Sausages in Gravy with Potatoes	Beef Cottage Pie with Potatoes	Fish Fingers Oven Chips or Potatoes
Choice 2	Quorn Goujons Herb or Plain Potato Wedges	Chicken Burger in a Bun Spiced or Plain Diced Potatoes	Tuna Pasta Salad	Baked Potato Baked Beans	Cheese & Tomato Quiche Oven Chips or Potatoes
Choice 3	Cheese Sandwich or Roll	Vegetable Lasagne Garlic & Herb Bread	Falafel Burger with Potatoes	Cheese & Tomato Pizza with Pasta	Vegetable Chilli with Rice
Choice 4	Cheese Sandwich or Roll	Tuna Sandwich or Roll	Cheese Sandwich or Roll	Chicken Mayo Salad Wrap	Turkey Sandwich or Roll

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WEEK 3

WEEKLY CYCLE

(2022) 2/5, 23/5, 13/6,
29/8, 19/9, 10/10,
7/11, 28/11, 19/12,

(2023) 16/1, 6/2, 27/2,
20/3