**HOCKEY**

In PE from S1 to S3, these are the key skills you will be learning…

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| **Significant Aspects of Learning**  Problem Solving  Co-ordination and Fluency  **How will you be assessed?**  Self-reflection  Peer observation  Teacher observation  Comparison to the Benchmarks below | **Health and Wellbeing Outcomes**  **3-21a, 3-22a, 3-23a, 3-24a, 3-25a**  **What Practical Skills will you learn?**  Front stick push  Flat front stick stop  Indian dribble  Scoot stop  Upright front stick stop  Reverse stick push  Reverse stick stop  Dribbling backwards | **How will you learn in class?**  Individual practice  Cooperative practice  Teacher demonstration  Peer demonstration  Conditioned Games  **How will teachers differentiate so all learners can achieve?**  Shadow practice  Repetition practice  Combination practice  1 v 1 practice  2 v 1 practice  Ability grouped games |
| **Second Level Benchmarks**  Sometimes selects, adapts and applies the most appropriate strategy. Example: Pass, dribble or shoot?  Sometimes performs basic skills fluently with increasing confidence | **Third Level Benchmarks**  Selects, adapts and applies the most appropriate strategy. Example: Pass, dribble or shoot?  Performs skills fluently with confidence. | **Fourth Level Benchmarks**  Consistently selects, adapts and applies the most appropriate strategy. Example: Pass, dribble or shoot?  Consistently performs a repertoire of skills with confidence. |