**HOCKEY**

In PE from S1 to S3, these are the key skills you will be learning…

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|  **Significant Aspects of Learning**Problem Solving Co-ordination and Fluency**How will you be assessed?**Self-reflectionPeer observationTeacher observationComparison to the Benchmarks below | **Health and Wellbeing Outcomes****3-21a, 3-22a, 3-23a, 3-24a, 3-25a****What Practical Skills will you learn?**Front stick pushFlat front stick stopIndian dribbleScoot stopUpright front stick stopReverse stick pushReverse stick stopDribbling backwards | **How will you learn in class?**Individual practice Cooperative practiceTeacher demonstrationPeer demonstrationConditioned Games**How will teachers differentiate so all learners can achieve?**Shadow practiceRepetition practiceCombination practice1 v 1 practice2 v 1 practiceAbility grouped games |
|  **Second Level Benchmarks**Sometimes selects, adapts and applies the most appropriate strategy. Example: Pass, dribble or shoot?Sometimes performs basic skills fluently with increasing confidence  |  **Third Level Benchmarks**Selects, adapts and applies the most appropriate strategy. Example: Pass, dribble or shoot?Performs skills fluently with confidence. | **Fourth Level Benchmarks**Consistently selects, adapts and applies the most appropriate strategy. Example: Pass, dribble or shoot?Consistently performs a repertoire of skills with confidence. |