**football**

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| **Significant Aspects of Learning**  Balance and Control  Communication  **How will you be assessed?**  Self-reflection – Video Analysis  Teacher observation  End of block assessment  Comparison to the Benchmarks below | **Health and Wellbeing Outcomes**  **3-21a, 3-22a, 3-23a, 3-24a, 3-25a**  **What Practical Skills will you learn?**  Basic control - top of the foot, thigh, and chest.  Passing - instep. top and outside of foot.  Dribbling - inside and outside of the foot and tricks, Ronaldo turn, step overs.  Heading - feet on the ground and in the air.  Basic tactics, (man to man marking)  Roles and responsibilities.  **Preparation for National 5**  Video analysis  Practical Performance Grade (S3) | **How will you learn in class?**  Individual practice  Cooperative practice  Teacher demonstration  Peer demonstration  Conditioned Games  **How will teachers differentiate so all learners can achieve?**  Repetition practice  Combination practice  1 v 1 practice  2 v1 practice  Ability grouped games  Skills based and Games based options |
| **Second Level Benchmarks**  Moves into position to perform skills with some balance and control.  Listen to and follow instructions.  Work collaboratively to feed partner when developing skills. | **Third Level Benchmarks**  Moves into position early to perform skills with balance and control.  Demonstrate verbal and non-verbal communication skills. | **Fourth Level Benchmarks**  Anticipates ball to arrive early in a controlled balance stance.  Understand how to communicate within the game in relation to roles and tactics. |

In PE from S1 to S3, these are the key skills you will be learning…